



HEALTHCARE DIRECTORY

SPECIAL 2021 MEDICAL DIRECTORY



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Physicians at Kearney Regional Medical Center

Internal Medicine

Anirban Ghosh, MD
Michael R. Lawson, MD
Scott L. Smith, MD
Cortney A. Geisler, APRN

Family Medicine

Jenna N. Derr, MD
Randall L. Goldfish, MD
Chadd S. Murray, MD
Dawn M. Murray, MD
Michelle P. Fletcher, PA-C
Deena R. Sughrue, APRN

General & Interventional Cardiology

Sean D. Denney, MD
Thomas J. Lanspa, MD
Tom V. Pagano, MD, FACC
Vivek K. Varma, MD
Valerie S. Fredericksen, APRN
Brooke A. Huxoll, PA-C
DeAnn M. McClellan, APRN
Sydney A. Meyer, PA-C
Dynaë C. Pofahl, PA-C

Cardiac Electrophysiology

Young M. Kim, MD

Cardiothoracic Surgery

Michael C. Bibler, DO
Kelsey K. Peterson, APRN

General Surgery

Melissa R. Stade, MD, FACS
Jason D. Walsh, MD, FACS, CWS
Lisa R. Hays, PA-C
Taya N. O'Brien, APRN

Orthopedic Surgery & Total Joint Replacement

Chris E. Wilkinson, MD
Kim A. Hilliard, PA-C

Podiatry & Podiatric Surgery

Scot W. Bandel, DPM

Plastic & Reconstructive Surgery

Joel R. Atchison, MD

Neurology

Jan C. Weber, MD

Pulmonology

David E. Cantral, MD
Ellen P. Barnes, PA-C

Gastroenterology

David Gossat, MD, FRACP
Gopi Vasudevan, MD, AGAF

Gynecology

Michele A. Krieger, MD, FACOG

Emergency Medicine

Robert B. Crandall, DO
Annette S. Miller, MD
Andrew M. Prososki, MD

Hospitalist Services

Anirban Ghosh, MD
Kristin R. Lawson, MD
Ishrat A. Saif, MD

UNK Student Health

Kaitlyn T. Beranek, PA-C
Michelle P. Fletcher, PA-C

816 22nd Ave. Suite 100 - Kearney, NE
308.865.2263 | plattevalleymed.com

**Walk-In Patients Welcome
for Primary Care Services!**

HEALTHCARE DIRECTORY 2021

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AESTHETIC SERVICES

Joel R. Atchison, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Fellowship: Plastic Surgery, University of Tennessee, Chattanooga, TN, 1996-98. Residency and Internship: General Surgery, University of Oklahoma Health Sciences Center, Tulsa, OK, 1992-96; Medical Degree: University of Nebraska College of Medicine, Omaha, 1992 Undergraduate: University of Nebraska, Lincoln. **Certification:** Board Certified in Plastic Surgery—The American Board of Plastic Surgery.



AESTHETICIAN

Abie Hawkins

Licensed Aesthetician

SANDHILLS ORAL & FACIAL SURGERY

504 W 42nd Street
Kearney, NE 68845 • 308-455-1944
www.sandhillsoralfacialurgery.com

Specialty: Abie Hawkins, our licensed aesthetician provides a wide variety of skincare and cosmetic treatments. Abie is certified in full body laser hair removal and assisting Dr. Weber in cosmetic and injectable treatments.



ALLERGY TESTING & IMMUNOTHERAPY

Douglas Althouse, M.D.

KEARNEY COUNTY HEALTH SERVICES/MINDEN MEDICAL CLINIC

727 East First Street • Minden, NE 68959
308-832-3400 • Fax: 308-832-3417
www.kchs.org • info@kchs.org

Education/Medical School: University of Nebraska Medical Center
Residency: Clarkson Family Practice, Omaha
Certification: Board Certified by American Academy of Family Practice



AUDIOLOGY/HEARING AID SPECIALIST

Tessa DeLaet, Au.D., CCC-A, F-AAA

Board Certified Doctor of Audiology

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Doctorate of Audiology, University of Nebraska – Lincoln, 2019. **Special Information:** Specializing in the evaluation and treatment of hearing loss in adults, children and infants. Audiologists are trained to recognize hearing loss that may need medical or surgical intervention and refer to physicians when appropriate. We conduct a wide variety of tests to evaluate auditory and vestibular function, dispense and fit hearing aids when appropriate, and can also provide custom swim plugs, noise protection and assistive listening devices.



AUDIOLOGY/HEARING AID SPECIALIST

Nikki Plummer, Au.D., CCC-A, F-AAA

Board Certified Doctor of Audiology

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Doctorate of Audiology, University of Nebraska – Lincoln, 2020. **Special Information:** Specializing in the evaluation and treatment of hearing loss in adults, children and infants. Audiologists are trained to recognize hearing loss that may need medical or surgical intervention and refer to physician when appropriate. We conduct a wide variety of tests to evaluate the auditory and vestibular function, dispense and fit hearing aids when appropriate, and can also provide swim plugs, noise protection and assistive listening devices.



AUDIOLOGY/HEARING AID SPECIALISTS

Blake A. Studley, Au.D., F-AAA, CPS/A

Board Certified Doctor of Audiology

AUDIOLOGY & HEARING CENTER OF KEARNEY

6415 2nd Avenue • Kearney, NE 68845
308-708-7353 • www.kearneyaud.com
Mon.-Wed. 8am-3pm, Thurs. 8am-5pm

Education/Medical School: University of Nebraska-Lincoln, University of Central Missouri State and the University of Florida - Doctor of Audiology.

Internship: Children's Mercy Hospital, Kansas City, MO

Special Information: Board Certified and State Licensed Doctor of Audiology and Certified Professional Supervisor of the Audiometric Monitoring Program. Able to perform the functions necessary for the prevention, assessment, habilitation, rehabilitation and maintenance of individuals with hearing, auditory function and vestibular function impairments and related impairments.



AUDIOLOGY/HEARING AID SPECIALIST

Adrienne Thomalla, M.S., CCC-A

Board Certified Audiologist

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: University of Nebraska Master of Science in Audiology

Special Information: Specializing in the evaluation and treatment of hearing loss in adults, infants and children. Audiologists are trained to recognize hearing loss that may need medical or surgical intervention and refer to physicians when appropriate. We conduct a wide variety of tests to evaluate the auditory and vestibular function, dispense and fit hearing aids when appropriate, and can also provide swim plugs, noise protection and assistive listening devices.



BEHAVIORAL HEALTH

Hugo Gonzalez Nieto, MD

Medical Director

CHI HEALTH RICHARD YOUNG BEHAVIORAL HEALTH

1755 Prairie View Place • Kearney, NE 68845
308-865-2249
www.CHIhealth.com

Education/Medical School: Medical Degree from Anahuac University and the National Autonomous University of Mexico. He holds a postgraduate diploma in psychotherapy from the Ciudad Juarez School of Psychology. He completed a residency at Texas Tech University Health Science Center in El Paso and a fellowship in ECT at Duke University. He has postgraduate diplomas in occupational medicine and aviation medicine.

Specialty: Electroconvulsive Therapy (ECT)



BEHAVIORAL HEALTH

Ayla Gregg, APRN

CHI HEALTH RICHARD YOUNG OUTPATIENT CLINIC

1755 Prairie View Place • Kearney, NE 68845
308-865-2249
www.CHIhealth.com

Education/Medical School: Master of Science in Nursing from the University of North Dakota
Certification: Mental Health



BEHAVIORAL HEALTH

Yajuan (June) Leonard, APRN

Board Certified

CHI HEALTH RICHARD YOUNG OUTPATIENT CLINIC

1755 Prairie View Place • Kearney, NE 68845
308-865-2249
www.CHIhealth.com

Education/Medical School: Doctor of Nursing Practice, University of Northern Colorado, Masters of Science in Nursing, Samuel Merritt University, Oakland California. Post-Masters of Science in Nursing, University of Missouri

Certifications: Mental Health and Family Medicine



BEHAVIORAL HEALTH

Bridget Mostek, LIMHP
**CHI HEALTH RICHARD YOUNG
 OUTPATIENT CLINIC**
 1755 Prairie View Place • Kearney, NE 68845
 308-865-2249
 www.CHIhealth.com

Education/Medical School: Master of Science in Education degree from the University of Nebraska in Kearney.
 Bridget is licensed to practice independently and provides individual and family psychotherapy for children, adolescents, adults and geriatrics.



CARDIAC ELECTROPHYSIOLOGY

Young M. Kim, MD
 Board Certified
**PLATTE VALLEY
 MEDICAL CLINIC**
 816 22nd Avenue • Kearney, NE
 308-865-2263 • 308-865-2541 fax
 www.plattevalleymed.com

Education/Medical School: Medical Degree – University of Toronto, Canada, 2010
Residency: University of British Columbia, Canada, 2013
Fellowship: General Cardiology – Stanford University, 2017 Clinical Cardiac EP – University of Southern California, 2019
Certifications: Board Certified – Internal Medicine



BEHAVIORAL HEALTH

**Eva Nickel-Drabek,
 M.S., C.P.C., L.I.M.H.P.**
CHI HEALTH CLINIC KEARNEY
 211 W. 33rd Street
 Kearney, NE 68845
 308-865-2141
 www.CHIhealth.com

Education/Medical School: Master's Degree, University of NE at Kearney, 1995. **Certification:** M.S., C.P.C., L.I.M.H.P.
Special Information: 17 years experience in crisis intervention, mood management, cognitive therapy/behavioral therapy, critical incident stress management.



CARDIOLOGY

Sean D. Denney, MD
 Board Certified
**PLATTE VALLEY
 MEDICAL CLINIC**
 816 22nd Avenue • Kearney, NE
 308-865-2263 • 308-865-2541 fax
 www.plattevalleymed.com

Education/Medical School: Medical Degree: Creighton University, 1999.
 Residency: Internal Medicine, Creighton University, 2003. Fellowship: Cardiovascular Medicine, Creighton University, Omaha, NE 2006.
Certification: Board Certified in Cardiovascular Disease, Internal Medicine.



BEHAVIORAL HEALTH

Jessica Sawyer, APRN
 Board Certified
**CHI HEALTH RICHARD YOUNG
 OUTPATIENT CLINIC**
 1755 Prairie View Place • Kearney, NE 68845
 308-865-2249
 www.CHIhealth.com

Education: Bachelor of Science and Master of Science in Nursing from the University of Nebraska Medical Center



CARDIOLOGY

Alain Efstratiou, MD
 Board Certified
NEBRASKA HEART INSTITUTE
 3219 Central Avenue, Suite 201
 Kearney, NE 68847
 308-865-7271
 www.CHIhealth.com

Education/Medical School: University of Athens, Residency: Washington DC VA Medical Center, Post-doctoral research fellow - Johns Hopkins University School of Medicine; Fellowship: Michael Reese Hospital, Washington Adventist Hospital
Special Information: Board certified in Interventional Cardiology and Cardiovascular Disease.



BEHAVIORAL HEALTH

Hilary Stoner, APRN
 Board Certified
**CHI HEALTH RICHARD YOUNG
 OUTPATIENT CLINIC**
 1755 Prairie View Place
 Kearney, NE 68845
 308-865-2249
 www.richardyoungoutpatientclinic.com

Education/Medical School: Master of Science in Nursing from the University of Nebraska Medical Center
Certifications: Mental Health and Family Medicine



CARDIOLOGY

Valerie S. Fredericksen, APRN
 Board Certified
**PLATTE VALLEY
 MEDICAL CLINIC**
 816 22nd Avenue • Kearney, NE
 308-865-2263 • 308-865-2541 fax
 www.plattevalleymed.com

Education/Medical School: Diploma of Nursing from Saint Joseph School of Nursing, Bachelor of Science in nursing from Briar Cliff College. Master of Science in Nursing from the University of Nebraska Medical Center.
Certification: AANP-Family Nurse Practitioner, ABCM-Clinical Cardiac Nurse Practitioner.



BEHAVIORAL HEALTH

Joseph E. Ziemba, LIMHP
 Board Certified
**CHI HEALTH RICHARD YOUNG
 OUTPATIENT CLINIC**
 1755 Prairie View Place • Kearney, NE 68845
 308-865-2249
 www.CHIhealth.com

Education: MSED - University of Nebraska Kearney, Kearney, NE



CARDIOLOGY

Kristen R. Hiatt, APRN
 Board Certified
NEBRASKA HEART INSTITUTE
 3219 Central Avenue, Ste. 201
 Kearney, NE 68847
 308-865-7271
 www.CHIhealth.com

Education/Medical School: Bachelor of Psychobiology at University of Nebraska at Kearney in 2010; Bachelor of Nursing at Creighton University in 2012; Masters at University of Nebraska Medical Center, Omaha in 2017



CARDIOLOGY

Brooke A. Huxoll, PA-C
Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: University of Nebraska Medical Center, Omaha, NE – Master of Physician Assistant 2008

Undergraduate: University of Nebraska – Kearney, NE

Certification: NCCPA-Certified Physician Assistant.



CARDIOLOGY

Daniel J. McGowan, M.D., F.A.C.C.
Board Certified

CENTRAL NEBRASKA CARDIOLOGY
3219 Central Avenue, Suite 111
Kearney, NE 68847
308-865-2601 Fax: 308-865-2829
www.centralnecardiology.com

Education: Fellowship: Interventional Cardiology, Vanderbilt University; Cardiology, Univ. of Missouri Health Sciences Center. Residency: Internal Medicine, Univ. of Nebraska Med Center, Omaha. Medical Degree: Univ. of Nebraska Med Center, Omaha. Undergraduate: Creighton University, Omaha.

Special Information: Board Certified in Interventional Cardiology & Cardiovascular Medicine.



CARDIOLOGY

Anub John, MBBS
Board Certified

NEBRASKA HEART INSTITUTE
3219 Central Avenue, Suite 201
Kearney, NE 68847
308-865-7271
www.CHlhealth.com

Education/Medical School: Bachelor of Medicine and Bachelor of Surgery (MBBS) at Kasturba Medical College, Manipal, India: Residency in Internal Medicine at University of Louisville, Kentucky: University of Louisville Kentucky, Fellowship **Special Information:** Nuclear Cardiology, Certification Board of Nuclear Cardiology; Internal Medicine, American Board of Internal Medicine; Cardiovascular Disease, American Board of Internal Medicine; Interventional Cardiology, American Osteopathic Board of Internal Medicine



CARDIOLOGY

Sydney A. Meyer, PA-C
Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: Master of Physician Assistant Studies – University of Nebraska Medical Center, Kearney, NE, 2018, Bachelor of Science in Psychobiology - University of Nebraska at Kearney, Nebraska, 2015.

Certification: NCCPA – Certified Physician Assistant.



CARDIOLOGY

Kirby Knuth, APRN

NEBRASKA HEART INSTITUTE
3219 Central Avenue, Ste. 201
Kearney, NE 68847
308-865-7271
www.CHlhealth.com

Education/Medical School: Bachelor of Nursing at Bryan College of Health Services in 2012. Masters at Clarkson College of Nursing, Omaha in 2017.



CARDIOLOGY

Lucinda Moore, APRN

NEBRASKA HEART INSTITUTE
3219 Central Avenue, Suite 201
Kearney, NE 68847
308-865-7271
www.CHlhealth.com

Education/Medical School: Bachelor of Science in Nursing, Winona State, Minnesota, Master of Science in Nursing, South University Savannah, GA

Certification: Board Certified, NADME certified, NRP certified, S-RNFA



CARDIOLOGY

Thomas J. Lanspa, MD
Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree: Creighton University, Omaha, NE. Residency: Internal Medicine, Creighton University, Omaha, NE.

Fellowship: Cardiovascular Disease, Creighton University, Omaha, NE.

Certification: Board Certified in Internal Medicine, Cardiovascular Disease, & Interventional Cardiology.



CARDIOLOGY

Tom V. Pagano, MD, FACC
Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Internal Medicine - Creighton University School of Medicine, Omaha, Nebraska, 1980; Fellowship – Cardiology – Creighton University School of Medicine, Omaha, Nebraska, 1983

Certification: Board Certified in Cardiovascular Disease & Internal Medicine



CARDIOLOGY

DeAnn M. McClellan, APRN
Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Master of Science in Nursing – UNMC, 2020; Bachelor of Science in Nursing – UNMC, 2006

Certification: AANP – Family Nurse Practitioner



CARDIOLOGY

Dynae C. Pofahl, APRN
Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: Master of Science in Nursing - South University, Savannah, GA, 2018, Bachelor Degree in Nursing - University of Nebraska Medical Center, Kearney, NE, 2003, Diploma in Nursing, Central Community College, Kearney, NE, 1994.

Certification: AANP – Family Nurse Practitioner.



CARDIOLOGY

Tammera Price-Fowlkes, APRN
Cardiology

CENTRAL NEBRASKA CARDIOLOGY

3219 Central Avenue, Suite 111
Kearney, NE 68847
308-865-2601 Fax: 308-865-2829
www.centralnecardiology.com

Education: Diploma of Nursing: Mary Lanning School of Nursing, Bachelor and Master of Science in Nursing from University of Nebraska Medical Center, ACNP-BC: 1999, FNP-BC: 2003

Special Information: ANCC-Acute Care Nurse Practitioner, ANCC-Family Nurse Practitioner



CHIROPRACTIC

Reese Florang, D.C.

FLORANG CHIROPRACTIC & WELLNESS

2214 2nd Avenue
Kearney, NE 68847
308-455-3300 Fax: 308-455-3301
Website: florangchiropractic.com

Education/Medical School: Cleveland Chiropractic College - DC; Midland Lutheran College - Undergrad. **Certification:** Board Certified Chiropractic Sports Physician. Active Release Techniques Certified- Elite Provider Network, Full body level 1 & 2, Active Diagnosis, Complex Protocols, Long Tract Nerve Entrapments and Master's. Selective Functional Movement Assessment Level 1 & 2, Rocktape Basic, Certified Medical Examiner CDL/DOT, Integrative Dry Needling.

Special Information: Team Chiropractor for the Tri-City Storm.



CARDIOLOGY

Vivek K. Varma, M.D.
Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree – University of Maryland, 1985
Residency: University of Maryland Hospital, 1988 Fellowship: Interventional Cardiology – University of Alabama, 1994 **Certification:** Board Certified in Cardiovascular Disease, Interventional Cardiology, Internal Medicine. Registered Physician in Vascular Interpretation.



CHIROPRACTIC

Dustin Fread, D.C.

HEARTLAND CHIROPRACTIC CENTER

220 W. 42nd Street
Kearney, NE 68845 • 308-237-0648

Education/Medical School: University of Nebraska at Kearney, Bachelor of Science. Parker College of Chiropractic, Doctor of Chiropractic

Certification: Acupuncture/Acupressure, Kinesio Taping, Nutrition.

Special Information: Care for those just days old through the very mature.



CARDIOTHORACIC SURGERY

Michael C. Bibler, DO
Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Kirksville College of Osteopathic Medicine, Kirksville, MO; Internship: Genesys Regional Medical Center-Flint Osteopathic Campus, Flint, MI; Residency: Cardiothoracic and Cardiovascular Surgery, Deborah Heart and Lung Center, Browns Mills, NJ; Genesys Regional Medical Center, Grand Blanc, MI; Fellowships: Cardiothoracic and Cardiovascular Fellowship at the Deborah Heart and Lung Center, Browns Mills, NJ.

Certifications: Board Certified in Thoracic & Cardiovascular Surgery.



CHIROPRACTIC

Jason Janssen, D.C.
Chiropractic Physician

JANSSEN CHIROPRACTIC

3609 6th Ave Ste B,
Kearney, NE 68845
phone: 308-430-4698

janssenchiropractic.com • janssenchiropractic@gmail.com

Education/Medical School: Northwestern College of Chiropractic Bloomington, MN **Techniques Used:** Diversified, Thompson Drop Piece, Flexion Distraction, Activator, Theragun percussion therapy, Myofascial release, Rehab exercises

Special Information: Simple online booking! Cash-based practice, does not submit to insurance. Accepted payments include cash, check, debit/credit, and HSA/FSA account. Superbills available upon request. Unable to treat Medicare and Medicaid at this time.



CARDIOTHORACIC SURGERY

Kelsey K. Peterson, APRN
Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: Master of Science in Nursing, University of Nebraska Medical Center at Kearney, Nebraska, 2018, Bachelor of Science in Nursing, University of Nebraska Medical Center at Kearney, Nebraska, 2011

Certification: AANP – Family Nurse Practitioner.



CHIROPRACTIC

John F. Klinginsmith, D.C.
Chiropractic Physician

KLINGINSMITH FAMILY CHIROPRACTIC, P.C.

412 W 48th Street, Suite 16 • Kearney, NE 68845
308-234-4940 • Fax: 308-236-5092
www.klingchiro.com

Education/Medical School: Palmer College of Chiropractic, 1990.

Certification: Impairment Ratings, Independent Medical Examiner.

Special Information: Team Chiropractor for UNK Athletics; Preferred Provider for Blue Cross/Blue Shield, United Health Care, Medicare and Medicaid.



CARDIOTHORACIC SURGERY

Edward Raines, M.D.

NEBRASKA HEART INSTITUTE

3219 Central Avenue, Suite 201
Kearney, NE 68847
308-865-7271
www.CH1health.com

Education/Medical School: Juris Doctor, University of Nebraska College of Law, Lincoln, NE; Doctor of Medicine, UNMC, Omaha, NE; Cardiovascular & Thoracic Surgery Fellowship, Salt Lake City, Utah; **Certification:** American Board of Thoracic Surgery



CHIROPRACTIC

TJ Peterson, D.C.

ELITE HEALTH AND WELLNESS

4715 2nd Avenue
Kearney, NE 68847 • www.elitekearney.com
308-455-1500 • Fax: 308-455-1502
Hours: Monday-Friday 8:00am-5:00pm

Education/Medical School: Bachelor of Science in Exercise Science, University of Nebraska at Kearney; Bachelor of Science, Logan College of Chiropractic; Doctor of Chiropractic, Logan College of Chiropractic-Magna Cum Laud. Internship: Montgomery Health Center, Chesterfield, MO.; Biofreeze Sports & Rehabilitation Clinic, Chesterfield, MO.; Adult Rehabilitation Center, St. Louis, MO. Adams County Chiropractic Center, Hastings, NE. **Techniques Used:** Diversified Adjusting, Cox Flexion-Distraction & Acupuncture. **Certification:** Certified in Active Release Techniques Full Body Level 2, Long Nerve Entrapment and Masters. **Special Information:** Member of Nebraska Chiropractic Physicians Association & American Chiropractic Association.



CHIROPRACTIC

Collin Sears, D.C.

ELITE HEALTH AND WELLNESS

4715 2nd Avenue
Kearney, NE 68847 • www.elitekearney.com
308-455-1500 • Fax: 308-455-1502
Hours: Monday-Friday 8:00am-5:00pm

Education/Medical School: Doctor of Chiropractic, Cleveland University-Kansas City, Valedictorian, Summa Cum Laude, Intern Performance Award. Bachelor of Science, University of Nebraska-Lincoln. **Certification:** Active Release Techniques Full Body, Dry Needling, Instrument Assisted Soft Tissue, Functional Taping for Musculoskeletal Injuries, McKenzie Diagnosis & Therapy, Selective Functional Movement Assessment, Functional Movement Screen, Titleist Performance Institute Medical, OnBaseU Medical, Dynamic Neuromuscular Stabilization, Diversified Adjusting Technique. **Special Information:** Member of Nebraska Chiropractic Physicians Association & American Chiropractic Association



COUNSELING

LIVE WELL COUNSELING CENTER

3814 A Avenue
Kearney, NE 68847
308-234-6029 • Fax: 308-237-4792
www.livewell-kearney.com

Special Information: Provides behavioral health services to adults, adolescents, and children including individual and family counseling, child-parent psychotherapy, peer support, parent education and coordinated care for First Episode Psychosis.



CHIROPRACTIC

Cory Stickney, D.C.

ELITE HEALTH AND WELLNESS

4715 2nd Avenue
Kearney, NE 68847 • www.elitekearney.com
308-455-1500 • Fax: 308-455-1502
Hours: Monday-Friday 8:00am-5:00pm

Education/Medical School: Chiropractic Degree: Cleveland Chiropractic College, Overland Park, KS. Undergraduate Degree: Doane College, Crete, NE. **Certification:** Certified in Active Release Techniques Full Body Level 2, Long Nerve Entrapment and Masters. Titleist Performance Institute Medical Professional, DOT/CDL Medical Examiner. **Specialty:** Muscle, Tendon, and Nerve Injuries. **Adjusting Techniques Used:** Diversified Manual Adjusting, Cox Flexion-Decompression, McKenzie Therapy, and Acupuncture. **Special Information:** Member of Nebraska Chiropractic Physicians Association & American Chiropractic Association



COUNSELING

**DeAnna M. Reeder,
M.S., C.P.C., L.I.M.H.P.**

ENRICHMENT COUNSELING

124 W. 46th Street, Suite 204
Kearney, NE 68847
308-234-5277
www.enrichmentcounseling.net

Education: Masters Degree in Counseling from U.N.K.

Certification: Licensed Independent Mental Health Practitioner, Certified Professional Counselor. **Special Information:** Individual and Family Counseling, Relationship/Marriage Issues, Teen Issues, Parenting Skills, Life Issues and Military Personnel.



CHIROPRACTIC

Jeffery B. Wolf, D.C.

Chiropractic Physician

WOLF CHIROPRACTIC CLINIC, P.C.

2610 2nd Ave. • Kearney, NE 68847
308-236-7772 Fax: 308-234-2053
wolfchiroclinic.com wolfchiroclinic@hotmail.com

Education/Medical School: Palmer College of Chiropractic-Doctor of Chiropractic
Techniques Used: Palmer Package, Diversified, Cold Laser & Graston Technique.
Special Information: Special Information: Preferred Provider for; BlueCross BlueShield, United Healthcare, Aetna, Midlands Choice and Medicare. No X-rays or long term treatment plans required.



COUNSELING

KEARNEY COUNTY HEALTH SERVICES/ SENIOR LIFE SOLUTIONS

Geriatric Outpatient Therapy

846 East Hawthorne St. • Minden, NE 68959
308-832-3400 opt. 4
www.kchs.org • info@kchs.org

Special Information: Intensive outpatient group counseling program designed to meet the unique needs of older adults over the age of 65 struggling with symptoms of depression and anxiety often related to aging. Program staff includes a board-certified psychiatrist, a licensed social worker/counselor, a registered nurse, and other professionals dedicated to the emotional well-being of seniors in the community.



COUNSELING

ELEVATE COUNSELING AND CONSULTING

3710 Central Ave Suite 9
Kearney, NE 68847
308-251-2222 • Fax: 308-251-2232
www.elevatekearney.com
frontdesk@elevatekearney.com

Special Information: We utilize Cognitive Behavioral Therapy (CBT), Solution Focused Therapy, Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavior Therapy (DBT), Theraplay, and EMDR. Specialties include: Eating disorders, trauma, substance abuse counseling, play therapy, and therapy for other mental health disorders. We also provide substance abuse evaluations and alcohol education classes. We work with all age ranges.



COUNSELING

SOUTH CENTRAL BEHAVIORAL SERVICES

3810 Central Avenue
Kearney, NE. 68847
308-237-5951
www.scbsne.com

Special Information: Mental Health and Substance Use counseling center. Provides Mental Health and/or Substance Use Evaluations and ongoing individual, family and/or group counseling.



COUNSELING

Carol A. Larson, MA, LIMHP, LPC

FAMILY LIFE COUNSELING

124 W. 46th Street, Suite 204
Kearney, NE 68847
308-236-2014 • www.flckearney.com
Email: carollarsonflc@gmail.com

Education: MA in Clinical Mental Health Counseling from Grace University, Omaha, NE **Certification:** Nebraska, Licensed Independent Mental Health Practitioner, Licensed Professional Counselor **Specialty:** Adult and adolescent counseling for individuals, couples and families, related to: addictions (alcohol, drugs, sex/pornography, eating and other behaviors), depression, anxiety, trauma, grief, relationships and spiritual concerns.



DENTAL IMPLANT SURGEON

Kenneth B. Carey, DMD, LLC

Oral & Maxillofacial Surgery

HEARTLAND ORAL SURGERY & DENTAL IMPLANTS

516 W. 39th St., Suite D • Tower Plaza
Kearney, NE • 308-865-2577
908 N. Howard, Suite 101
Grand Island, NE • 308-381-8500
www.heartlandoralsurgery.com
Email: info@heartlandoms.com

Education/Medical School: Idaho State University, Oregon Health and Science University.
Residency: Womack Army Medical Center. **Special Information:** Dr. Carey is a Board Certified Oral Surgeon that specializes in: Wisdom Teeth, Dental Implants, Tooth Extractions, All on Four, Teeth in a Day, TMJ Surgery, Facial Trauma, Sleep Apnea, In Office Anesthesia



DENTISTRY

Eric A. Ahrens, D.D.S.

General Dentistry

PLATTE VALLEY DENTAL CLINIC

3915 N. 4th Avenue
Kearney, NE 68845
308-234-2828 • Fax: 308-234-1099
Email: plattevalleydental@gmail.com

Education: B.S. in Biology and Business Administration from UNK; D.D.S. from UNMC College of Dentistry.

Special Information: Member of American Dental Association, Nebraska Dental Association.



DENTISTRY

Jason S. Herrmann, D.D.S.

General Dentistry

HERRMANN DENTAL ASSOCIATES

4503 1st Avenue Place, Box 98
Kearney, NE 68847
308-236-5421 • Fax: 308-234-9843
Email: jsherrmann@yahoo.com

Education/Medical School: Undergraduate at University of Nebraska - Lincoln; D.D.S. from University of Nebraska Med Center, College of Dentistry - Lincoln

Special Information: Member of the American Dental Association and the Nebraska Dental Association



DENTISTRY

Kenneth B. Carey, DMD, LLC

Oral & Maxillofacial Surgery

HEARTLAND ORAL SURGERY & DENTAL IMPLANTS

516 W. 39th St., Suite D • Tower Plaza
Kearney, NE • 308-865-2577
908 N. Howard, Suite 101
Grand Island, NE • 308-381-8500
www.heartlandoralsurgery.com
Email: info@heartlandoms.com

Education/Medical School: Idaho State University, Oregon Health and Science University.

Residency: Womack Army Medical Center. **Special Information:** Dr. Carey is a Board Certified Oral Surgeon that specializes in: Wisdom Teeth, Dental Implants, Tooth Extractions, All on Four, Teeth in a Day, TMJ Surgery, Facial Trauma, Sleep Apnea, In Office Anesthesia



DENTISTRY

Jason R. Jones, D.D.S.

General Dentistry

GREAT PLAINS DENTAL ASSOCIATES

4701 1st Avenue Place
Kearney, NE 68847
308-236-7306
www.gpdentalkrny.com

Education/Medical School: Bachelor of Arts from University of Nebraska at Omaha, DDS from University of Nebraska Medical Center

Specialty: General Dentistry

Special Information: Member of the American Dental Association and the Nebraska Dental Association



DENTISTRY

Jordan E. Cochran D.D.S.

Family Practice Dentistry

JORDAN COCHRAN DDS, PC

2501 30th Avenue, Suite A
Kearney, NE 68845
308-338-2050 • Info@jordancochrandds.com
www.jordancochrandds.com

Education/Medical School: Undergraduate: B.S. in Health Sciences from UNK, 2001; DDS from University of Nebraska Medical Center College of Dentistry, 2005. **Certification:** Member of American Dental Association and Nebraska Dental Association, Member American Academy of Facial Esthetics

Special Information: Cerec One-Visit Porcelain Crowns, Invisalign® Botox and more. We look forward to treating your dental and esthetic needs.



DENTISTRY

Jared Loschen, D.D.S.

PLATINUM DENTAL STUDIO

218 West 39th Street • Kearney, NE 68845
308-455-1695
www.platinumdentalstudio.com
drloschen@gmail.com

Education/Medical School: University of Nebraska Medical Center, College of Dentistry, Lincoln, NE. Bachelors: University of Nebraska at Kearney, Chemistry, Business Administration, Minor.

Special Information: Member of the American Dental Association and the Nebraska Dental Association.



DENTISTRY

John DeLaet, D.D.S.

Family Dentistry

DELAET DENTAL

3810 Avenue A, Suite D
Kearney, NE 68847
308-234-9037 • Fax: 308-237-2955

Education/Medical School: B.S. in Biology from Wayne State College, 2015; D.D.S. from UNMC College of Dentistry, 2019

Special Information: Member of American Dental Association, Nebraska Dental Association.

Our goal is always the highest quality and educating our patients, so they know they are getting our best.



DENTISTRY

Charles Schaepler, D.D.S.

CHARLES SCHAEPLER D.D.S.

315 W 11th Street
Kearney, NE 68845
308-234-9339
308-234-1682 Fax

Education/Medical School: Bachelors of Science and Masters of Science, Kearney State College. DDS from University of Nebraska Medical Center, 1983. **Specialty:** General Dentistry



DENTISTRY

Brooke Dexter D.D.S.

Family Practice Dentistry

JORDAN COCHRAN DDS, PC

2501 30th Avenue, Suite A
Kearney, NE 68845
308-338-2050 • Info@jordancochrandds.com
www.jordancochrandds.com

Education/Medical School: Chadron State.

Certification: Member of American Dental Association and Nebraska Dental Association,

Special Information: Cerec One-Visit Porcelain Crowns, Invisalign® and more. We look forward to treating your dental and esthetic needs.



DENTISTRY

Stacy M. Schmitz Reece, D.D.S.

ADVANCED DENTISTRY OF KEARNEY

3610 2nd Avenue
Kearney, NE 68847
308-237-1311 • Fax: 308-237-1320
www.advanceddentistryofkearney.com

Education/Medical School: Bachelor of Science at University of Nebraska - Lincoln, Doctorate of Dental Surgery from University of Nebraska Medical Center **Special Information:** Member American Dental Assoc., Nebraska Dental Assoc., Academy of General Dentistry, and Seattle Study Club. Providing high quality, comfortable dental care for all ages. Health-Centered Dentistry, Cosmetic and Implant Dentistry, Laser Dentistry, Infant Frenectomy



DENTISTRY PEDIATRIC

Brett Carranza, D.D.S.
Board Certified Pediatric Dentist

KEARNEY PEDIATRIC DENTISTRY
1407 E. 56th Street • Kearney, NE
308-236-5437 • Fax: 308-236-5440
KearneyKidsDentist.com • KearneyKidsDentist@gmail.com

Education/Medical School: University of Nebraska College of Dentistry
Residency: OU Children's Hospital, University of California Los Angeles (UCLA)
Certification: Board Certified Pediatric Dentist



DIAGNOSTIC RADIOLOGY

Robert L. Heyd, M.D.
Board Certified

HEARTLAND RADIOLOGY
Good Samaritan Hospital
P.O. Box 2435
Kearney, NE 68848
308-865-7555 • www. Kearneyradiologists.com

Education/Medical School: Fellowship: Abdominal Imaging, Indiana University Medical Center, Indianapolis, IN, 1994-95; Residency: Radiology, St. Elizabeth Hospital Medical Center, Youngstown, OH, 1990-94; Medical Degree: West Virginia University School of Medicine, Morgantown, WV 1989; Undergraduate: Montana State University, Bozeman, MT



DENTISTRY PEDIATRIC

Eric Carranza, D.D.S.
Board Certified Pediatric Dentist

KEARNEY PEDIATRIC DENTISTRY
1407 E. 56th Street • Kearney, NE
308-236-5437 • Fax: 308-236-5440
KearneyKidsDentist.com • KearneyKidsDentist@gmail.com

Education/Medical School: University of Nebraska Medical Center College of Dentistry
Residency: NYU Langone Dental Medicine
Certification: Board Certified Pediatric Dentist



DIAGNOSTIC RADIOLOGY

Jodie L. Scheele, PA-C
Board Certified

HEARTLAND RADIOLOGY
Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GllmagingCenter.com

Education/Training: Limited Radiographers Program, Regional West Medical Center, Scottsbluff, NE, 2009; Master of Physician Assistant Studies, University of Nebraska Medical Center, Omaha, NE, 1999 **Special Information:** Memberships: Nebraska Academy of Physician Assistants, American Academy of Physician Assistants, American Society of Radiologic Technologists. Certified Physician Assistant, 1999, National Commission on Certification of Physician Assistants



DIAGNOSTIC RADIOLOGY

Aaron T. Benner, M.D.
Board Certified

HEARTLAND RADIOLOGY
Good Samaritan Hospital
P.O. Box 2435
Kearney, NE 68848
308-865-7555 • www. Kearneyradiologists.com

Education/Medical School: Fellowship: MRI, University Nebraska Medical Center, Omaha, NE, 2010-2011; Residency: Diagnostic Radiology, University Nebraska Medical Center, Omaha, NE, 2006-2010; Internship: Internal Medicine, University Nebraska Medical Center, Omaha, NE, 2005-2006; Medical Degree: University Nebraska Medical Center, Omaha, NE, 2005; Undergraduate: University of Nebraska, Lincoln, NE



DIAGNOSTIC RADIOLOGY/ PEDIATRIC RADIOLOGY

Richard S. Jerde, M.D. F.A.C.R.
Board Certified

HEARTLAND RADIOLOGY
Good Samaritan Hospital
P.O. Box 2435
Kearney, NE 68848
308-865-7555 • www. Kearneyradiologists.com

Education/Medical School: Fellowship: Pediatric Radiology, Children's Orthopedic Hospital, Seattle, WA, 1981-82; Residency: Diagnostic Radiology, University of Washington, Seattle, WA, 1978-81; Internship: Rotating, Swedish Hospital, Seattle, WA, 1977-78; Medical Degree: University of Wisconsin, Madison, WI, 1977; Undergraduate: Lawrence University, Appleton, WI



DIAGNOSTIC RADIOLOGY

Amy J. Farlee, MPAS, PA-C
Board Certified

HEARTLAND RADIOLOGY
Good Samaritan Hospital
P.O. Box 2435
Kearney, NE 68848
308-865-7555 • www. Kearneyradiologists.com

Education/Medical School: Master's of Physician Assistant Studies - University of South Dakota, Vermillion, SD 2004-2006; Bachelor's of Science in Biology - Chadron State College, Chadron, NE, 2000-2004
Certification: National Commission on Certification of Physician Assistants (NCCPA), 2007



DIAGNOSTIC RADIOLOGY/ NEURORADIOLOGY

Jeffrey P. Lee, M.D.
Board Certified

HEARTLAND RADIOLOGY
Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GllmagingCenter.com

Residency: Diagnostic Radiology, Ohio Valley Medical Center, Wheeling, WV, 1987-91; **Internal Medicine:** Ohio Valley Medical Center, Wheeling, WV, 1984-87; **Medical School:** Emilio Aguinaldo College of Medicine, Philippines, 1983



DIAGNOSTIC RADIOLOGY

Daniel L. Fuerst, M.D.
Board Certified

HEARTLAND RADIOLOGY
Good Samaritan Hospital
P.O. Box 2435
Kearney, NE 68848
308-865-7555 • www. Kearneyradiologists.com

Education/Medical School: Residency: Radiology, Cleveland Clinic Foundation, Cleveland, OH, 1999; Medical Degree: Medical College of Ohio, Toledo, OH, 1995; Undergraduate: Case Western Reserve, Cleveland, OH



DIAGNOSTIC RADIOLOGY/ WOMEN'S IMAGING

Amanda Dimmitt, M.D.
Board Certified in Radiology

HEARTLAND RADIOLOGY
Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GllmagingCenter.com

Medical School: University of NE Medical Center, Omaha, NE **Internship:** University of Nebraska Medical Center Omaha, NE **Residency:** Diagnostic Radiology University of NE Medical Center, Omaha, NE **Fellowship:** Body/Breast University of NE Medical Center, Omaha, NE



DIAGNOSTIC RADIOLOGY/ WOMEN'S IMAGING

David Hadford, M.D.

Board Certified

HEARTLAND RADIOLOGY

Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GIMagingCenter.com

Residency: Diagnostic Radiology, Creighton University Medical Center, Omaha, 1991-1995; **Internship:** Deaconess Medical Center, Spokane, WA, 1990-1991; **Medical School:** University of New Mexico School of Medicine, Albuquerque, NM, 1990



DIAGNOSTIC RADIOLOGY/ WOMEN'S IMAGING

Daniel Novinski, D.O.

Board Certified

HEARTLAND RADIOLOGY

Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GIMagingCenter.com

Residency: Diagnostic Radiology, Columbia Presbyterian/St. Luke's Medical Center, Denver, CO, 1995-1999; **Internship:** Tulsa Regional Medical Center, Tulsa, OK, 1994-1995; **Medical School:** Oklahoma State University College of Osteopathic Medicine, Tulsa, OK, 1994



EAR-NOSE-THROAT

John P. Blecha, M.D.

Board Certified

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Residence: Otolaryngology/Head and Neck Surgery, University of Nebraska Medical Center, 2014-2019. Medical Degree: University of Nebraska Medical Center, 2014. Undergraduate: University of Nebraska – Kearney, 2010.



EAR-NOSE-THROAT

Thomas V. Connely, M.D.

Board Certified

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Residency: Otolaryngology/Head and Neck Surgery, University of Louisville, Louisville, KY, 1990-94. Internship: Surgery, University of Louisville, Louisville, KY, 1989-90. Medical Degree: University of Nebraska College of Medicine, Omaha, 1989. Undergraduate: University of Nebraska, Lincoln
Special Information: Board Certified in Otolaryngology



EAR-NOSE-THROAT

Renee Craft, PA-C

Board Certified

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Master of Physician Assistant Studies from the University of Nebraska Medical Center in Omaha, NE, 2019. **Special Information:** Board certified as a Physician Assistant by The National Commission on Certification of Physician Assistants. Member of the Nebraska Academy of Physician Assistants and the American Academy of Physician Assistants. Experience in all areas of ear, nose and throat surgery. Special interests include pediatric ear conditions, chronic sinus disease and management of thyroid disease.



EAR-NOSE-THROAT

Matthew S. Johnson, M.D.

Board Certified

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Residency: Otolaryngology/Head and Neck Surgery, University of Nebraska Medical Center, 2012-2016. Internship: Otolaryngology/Head and Neck Surgery, University of Nebraska Medical Center, 2011-2012. Medical Degree: University of Colorado, Denver, 2011.



EAR-NOSE-THROAT

Megan Wilson, PA-C

Board Certified

E.N.T. PHYSICIANS OF KEARNEY, P.C.

615 W. 39th Street
Kearney, NE 68845
308-865-2277 • 800-846-6404
www.entphysiciansofkearney.com

Education/Medical School: Master of Physician Assistant Studies from the University of Nebraska Medical Center in Omaha, NE, 2013. **Special Information:** Board certified as a Physician Assistant by The National Commission on Certification of Physician Assistants. Member of the Nebraska Academy of Physician Assistants and the American Academy of Physician Assistants. Experience in all areas of ear, nose, throat, and head and neck disease. Special interests include chronic diseases of the ear and sinuses.



EMERGENCY MEDICINE

Robert B. Crandall, DO

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree: Des Moines University College of Osteopathic Medicine, Des Moines, IA. **Residency:** Colorado Springs Osteopathic Foundation, Colorado Springs, CO. **Internship:** Health One, Aurora, CO. **Certifications:** Board Certified in Family Medicine and Emergency Medicine



EMERGENCY MEDICINE

Annette Miller, M.D.

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Lincoln Family Practice Residency Program, 1993. Internship: The University of Nebraska College of Medicine, Lincoln, NE, 1991. **Medical School:** University of Nebraska Medical Center, Doctorate of Medicine 1990. **Undergraduate:** Hastings College, 1984.



EMERGENCY MEDICINE

Andrew M. Proski, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree - University of Nebraska College of Medicine, Omaha, NE, 2015, Bachelor of Science - University of Nebraska, Kearney, NE, 2011
Residency: Family Medicine - University of Nebraska Medical Center, Omaha, NE, 2018
Certification: Board Certified in Family Medicine



FAMILY MEDICINE

Jenna N. Derr, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree: University of NE Medical Center, Omaha, NE. **Residency:** Family Medicine Residency Advanced Rural Training Program with University of NE Medical Center, Omaha, NE
Undergraduate: University of Nebraska, Kearney, NE
Certifications: Board Certified in Family Medicine



FAMILY MEDICINE

Chadd S. Murray, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Primary Care Internship and Residency, University of Nebraska Medical Center, Omaha, 1997-99; Rural Family Practice Residency Program, Good Samaritan Health Systems, Kearney, 1999-01 Medical Degree: University of Nebraska Medical Center, Omaha, 1998 Undergraduate: Nebraska Wesleyan University, Lincoln.
Certifications: Board Certified in Family Medicine



FAMILY MEDICINE

Michelle P. Fletcher, PA-C

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: University of Nebraska Medical Center – Omaha, NE– Master of Physician Assistant
Undergraduate: Nebraska Wesleyan, Lincoln, NE
Certifications: NCCPA – Certified Physician Assistant



FAMILY MEDICINE

Dawn M. Murray, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: University of Nebraska Medical Center, Omaha, 1997-99 Medical Degree: University of Nebraska Medical Center, Omaha, 1997 Undergraduate: Chadron State College, Chadron.
Certifications: Board Certified in Family Medicine



FAMILY MEDICINE

Randall L. Goldfish, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: University of Nebraska Medical Center; Residency in Family Practice at University of Nebraska Medical Center;
Certification: Board Certified in Family Medicine.



FAMILY MEDICINE

Deena R. Sughroue, APRN

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: University of Nebraska Medical Center, Kearney, College of Nursing, Family Nurse Practitioner Program 1995; Undergraduate: University of Colorado Health Science Center, School of Nursing, Denver, CO, MSN; University of Wyoming, Laramie, Wy, BSN.
Certifications: AACC—Family Nurse Practitioner.



FAMILY MEDICINE

Stephanie Larson, M.D.

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: University of Nebraska Medical Center, Omaha, NE Residency: University of Nebraska Medical Center, Omaha, NE, Family Medicine



FAMILY MEDICINE

Lynette Verzal, PA-C

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: Masters in Physicians Assistant Degree from the University of Nebraska Medical Center. Certified Physician Assistant.



FAMILY MEDICINE

Brittani Moeller, DO

Board Certified

CHI HEALTH CLINIC KEARNEY

3320 Avenue A
Kearney, NE 68847
308-865-2363
www.CHIhealth.com

Education/Medical School: Undergraduate: University of Nebraska at Kearney. Medical Degree: Kansas City University of Medicine and Biosciences. Residency: Research Family Medicine Residency Program, Kansas City, MO.
Certification: Advanced Cardiac Life Support, Advanced Life Support in Obstetrics, Advanced Trauma Life Support, Fundamental Critical Care Support, Neonatal Resuscitation Program, Pediatric Advanced Life Support, S.T.A.B.L.E.



FAMILY MEDICINE/DIRECT PRIMARY CARE

Amber Rogers, DNP, APRN, FNP-C, CDE

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: Masters in Nursing Education, Doctoral Degree Family Nurse Practitioner - Nebraska Methodist College - Omaha, NE
Certification: Family Nurse Practitioner, American Academy of Nurse Practitioners; Certified Diabetes Educator, National Certification Board for Diabetes Educators

**FAMILY MEDICINE/OBSTETRICS****Terry A. Becker, M.D.**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com**Education/Medical School:** Residency and Internship: Family Practice, University of Nebraska Medical Center, Omaha, 1997-2001 and Rural Family Practice Residency Program, Good Samaritan Health Systems, Kearney
Medical Degree: University of Nebraska Medical Center, Omaha, 1997
Undergraduate: University of Nebraska, Kearney**FAMILY MEDICINE/PRIORITY CARE****Rebecca Kahrs, APRN**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com/PriorityCare**Education/Medical School:** University of Nebraska Medical Center and Nebraska Methodist College, Omaha, NE**FAMILY MEDICINE/OBSTETRICS****Beth M. Ernst, M.D.**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com**Education/Medical School:** Residency: Siouxland Medical Education Foundation, Sioux City, IA, 1989-92. **Medical Degree:** University of Nebraska College of Medicine, Omaha, 1989 **Undergraduate:** Wayne State College, Wayne**FAMILY MEDICINE/ PRIORITY CARE****Jennifer A. Murray, APRN**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com**Education/Medical School:** Masters in Nursing, Creighton University, Omaha, NE**Certifications:** AANP—Family Nurse Practitioner**FAMILY MEDICINE/OBSTETRICS****David A. Sokolowski, M.D.**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com**Education/Medical School:** Residency: Siouxland Medical Education Foundation, Sioux City, IA, 1990-93 **Medical Degree:** University of Iowa College of Medicine, Iowa City, IA, 1990 **Undergraduate:** Morningside College, Sioux City, IA**FAMILY MEDICINE/PRIORITY CARE****Doug Wulf, APRN**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com/PriorityCare**Education:** University of Nebraska at Kearney, Kearney, NE**Certification:** Family Nurse Practitioner, American Academy of Nurse Practitioners**FAMILY MEDICINE/PRIORITY CARE****Brooke Boggs, APRN**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com**Education:** University of Texas at Arlington, Arlington, TX**Certification:** Nurse Practitioner, American Academy of Nurse Practitioners**FAMILY PRACTICE****Family Medical Specialties**516 W. 14th Avenue, Suite 100
Holdrege, NE 68949
Phone: 308-995-4431
www.fammedspec.com**Specialty:** Family Practice, Pediatrics, Internal Medicine, Oncology, Gynecology, Obstetrics, Geriatrics, Sports Medicine, Allergy, Orthopedics, Womens' Health, Cardiology**FAMILY MEDICINE/PRIORITY CARE****Andrea Johnson, PA-C**

Board Certified

CHI HEALTH CLINIC KEARNEY211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com/PriorityCare**Education:** Union College, Lincoln, NE**Certification:** Physician Assistant, National Commission On Certification of Physician Assistants**FAMILY PRACTICE****Laura Hatch, P.A.-C.**

Board Certified

FAMILY PRACTICE ASSOCIATES PC620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com**Education:** Master of Physician Assistant Studies, University of Nebraska Medical Center's College of Medicine, 2004. **Undergraduate:** B.S. Comprehensive Biology, University of Nebraska at Kearney, 2000.



FAMILY PRACTICE

Russell G. Hilliard, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency: Family Practice, University of Nebraska Medical Center, Omaha and Rural Family Practice Residency Program, Good Samaritan Health Systems, Kearney, 1992-95 **Medical Degree:** University of Nebraska College of Medicine, Omaha, 1992. **Undergraduate:** Colorado College, Colorado Springs, CO.



FAMILY PRACTICE/OBSTETRICS

Amy J. Herbig, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency: UNMC, Kearney, NE, Rural Training Program, Family Practice, 2006. **Internship:** UNMC, Omaha, NE. Primary Care Program, June 2004. **Medical School:** UNMC, Omaha, NE. Doctor of Medicine 2003. **Undergraduate:** Wayne State College, Wayne NE. B.S. in Chemistry, 1999.



FAMILY PRACTICE

Dr. John R. Jacobsen, M.D.
Board Certified
CLICK FAMILY HEALTHCARE
416 W 48th Street, Suite 48
Kearney, NE 68845
308-708-7631
clickfamilyhealth.com

Education/Medical School: University of Nebraska-Lincoln; University of Nebraska Medical Center

Residency: University of Nebraska Medical Center

Fellowship: Rural Family Medicine

Certification: Board Certified Family Physician



FAMILY PRACTICE/OBSTETRICS

Robert C. Messbarger, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency: Lincoln Medical Education Foundation, Lincoln, 1990-1993 **Medical Degree:** University of Nebraska College of Medicine, Omaha, 1990. **Undergraduate:** Kearney State College, Kearney, 1986.



FAMILY PRACTICE

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FAMILY PRACTICE/OBSTETRICS

Kyle Myers, M.D.
Board Certified

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308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency and Internship: Family Medicine, UNMC Primary Care Program and Rural Training Program, 2016. **Medical School:** UNMC, Omaha, NE. Doctor of Medicine, 2013. **Undergraduate:** University of Nebraska at Kearney, Kearney, NE. B.S. in Chemistry, 2008.



FAMILY PRACTICE/OBSTETRICS

Kassandra M. Davis, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency: University of Nebraska Medical Center, Omaha and Rural Family Practice Residency Program, Grand Island, June 2018.

Medical Degree: University of Nebraska Medical Center, Omaha, 2015.

Undergraduate: Wayne State College, B.S. Chemistry Health/Science, Minor in Biology, 2011.



FAMILY PRACTICE/OBSTETRICS

Jami Pritschau, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency: Family Practice, University of Nebraska Medical Center, Omaha, and Rural Family Medicine Residency Program, 2020; **Medical Degree:** UNMC, Omaha, NE, 2016. **Undergraduate:** Wesleyan University, BS in Biology, 2012.



FAMILY PRACTICE/OBSTETRICS

Jessica M. Hatch, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency: UNMC Family Medicine Rural Residency Track 2013.

Internship: UNMC, Omaha, NE. **Medical School:** UNMC, Omaha, NE. Doctor of Medicine, 2010. **Undergraduate:** University of Nebraska at

Kearney, BS in Chemistry, 2006.



FAMILY PRACTICE/OBSTETRICS

Scott Wewel, M.D.
Board Certified

FAMILY PRACTICE ASSOCIATES PC
620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Residency and Internship: Family Medicine, University of Kansas Medical Center. **Medical School:** UNMC, Omaha, NE. Doctor of Medicine, 2013. **Undergraduate:** Chadron State College, Chadron, NE. Bachelor Science in Biology, 2007.

**FAMILY PRACTICE/SPORTS MEDICINE****Brad D. Rodgers, M.D.**

Board Certified

BRAD RODGERS, M.D. — FAMILY PRACTICE & SPORTS MEDICINE3500 Central Avenue, Suite A
Kearney, NE 68845
308-237-2273**Education/Medical School:** Residency: Lincoln Medical Education Foundation, Lincoln, 1983-86
Medical Degree: University of Nebraska College of Medicine, Omaha, 1983
Undergraduate: University of Nebraska, Lincoln**GASTROENTEROLOGY****Anwaar Khan, MD**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com**Education/Medical School:** Nishtar Medical College, Multan, Pakistan. Fellowship: Gastroenterology, Georgetown University Medical Center, Washington, DC.
Special Information: Certified in the American Board of Internal Medicine (Gastroenterology-Hepatology).**GASTROENTEROLOGY****Kaelyse Adler, PA-C****CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com**Education:** University of Nebraska Medical Center, Kearney, NE**GASTROENTEROLOGY****Brandi J. Larson, APRN**

Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com**Education:** Clarkson College, Omaha, NE – Master of Physician Assistant.
Undergraduate: Clarkson College, Omaha, NE.
Certification: ANCC – Family Nurse Practitioner.**GASTROENTEROLOGY****Meghan Freeze, APRN**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com**Education/Medical School:** Adult Gerontology Acute Care Nurse Practitioner, University of Nebraska Medical Center; Masters of Science in Nursing Administration, Nebraska Wesleyan University.**GASTROENTEROLOGY****Atam Mehdiratta, MD**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com**Education/Medical School:** Medical Degree: Maulana Azad Medical College, New Delhi, India. Residency: Sinai Grace Hospital of Detroit, Detroit, MI. Fellowships in Gastroenterology at Wayne State University, Detroit, MI and in Clinical Nutrition at Medical College of Georgia, Augusta, GA.**GASTROENTEROLOGY****David M. Gossat, MD FRACP**

Board Certified

**PLATTE VALLEY
MEDICAL CLINIC**816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com**Education/Medical School:** Fellowship: Gastroenterology, Prince of Wales Hospital, Sydney, Australia, 1982-84. Residency: Internal Medicine, Immunology, Gastroenterology, Repatriation General Hospital Concord, Sydney, Australia, 1977-82. Internship: Royal Prince Alfred Hospital, Sydney, Australia, 1975-76. Medical Degree: University of Sydney, Sydney, Australia, 1975. Undergraduate: University of Sydney, Sydney, Australia.**Certification:** Board Certified in Gastroenterology and Internal Medicine**GASTROENTEROLOGY****Arif Nawaz, MD**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com**Education/Medical School:** The Aga Khan University, Medical College, Karachi, Pakistan. Post-doctoral research fellowship at Case Western Reserve University in Cleveland, OH. Surgical internship at Morristown Memorial Hospital (Columbia University), New Jersey. Internal Medicine Residency, Chief Residency and gastroenterology fellowship at Nassau County Medical Center (State University of New York at Stony Brook) in East Meadow, NY. **Special Information:** Board certified in Gastroenterology.**GASTROENTEROLOGY****Ahmad J. Khalifa, MD**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com**Education/Medical School:** Fellowship: Wayne State University of Medicine, Detroit, MI Residency: University of Maryland, Harbor Hospital Center, Baltimore, MD
Certification: American Board of Gastroenterology**GASTROENTEROLOGY****Gopi Vasudevan, MD AGAF****PLATTE VALLEY
MEDICAL CLINIC**816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com**Education/Medical School:** Medical Degree - University of Kansas, Wichita School of Medicine, Wichita, KS, 1987, Bachelor of Arts in Biology/Pre-Med, Pittsburg State University, Pittsburg, KS, 1982. Residency: Internal Medicine – University of Kansas, Wichita, KS, 1991. Fellowship: Gastroenterology – Henry Ford Hospital, Detroit, MI, 1994



GENERAL SURGERY

Lisa R. Hays, PA-C

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Master's of Physician Assistant Studies, Union College, Lincoln.

Certification: NCCPA – Certified Physician Assistant.



GENERAL SURGERY

Brady J. O'Hare, M.D.

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: Residency: General Surgery, The University of Oklahoma College of Medicine, Tulsa, OK, 2003-08

Medical Degree: University of Nebraska Medical Center, Omaha, 2003

Undergraduate: Chadron State College, Chadron

Special Information: Board Certified in General Surgery



GENERAL SURGERY

Kendee D. Koster, P.A.-C

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: University of Nebraska Medical Center, Omaha - Master of Physician Assistant Studies, 2002.

Undergraduate: University of Nebraska, Kearney

Certification: Certified Physician Assistant, 2003, National Commission on Certification of Physician Assistants.



GENERAL SURGERY

W. Thomas Sorrell, M.D.

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: Residency: General Surgery, University of Nebraska Medical Center, Omaha, 1989-94. Internship: General Surgery, University of Nebraska Medical Center, Omaha, 1988-89

Medical Degree: University of Nebraska College of Medicine, Omaha, 1988

Undergraduate: University of Nebraska, Lincoln

Special Information: Board Certified in General Surgery



GENERAL SURGERY

Brittney J. Maloley-Lewis, D.O.

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: Bachelors: University of Nebraska-Kearney Master: Business Administration, Creighton University Medical Center, Omaha, NE. Medical Degree: Midwestern University-Arizona College of Osteopathic Medicine, Glendale, AZ Surgical Residency: Creighton University Medical Center.



GENERAL SURGERY

Melissa R. Stade, MD FACS

Board Certified

PLATTE VALLEY MEDICAL CLINIC

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308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: University of Nebraska Medical Center, Omaha, NE 2002.

Residency: General Surgery, University of Nebraska Medical Center, Omaha, NE 2007.

Certification: Board Certified in General Surgery.



GENERAL SURGERY

Jeffrey T. Merz, M.D.

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: Residency: General Surgery, Spartanburg Regional Medical Center, Spartanburg, SC, 1995-02

Medical Degree: University of Nebraska Medical Center, Omaha, 1995

Undergraduate: University of Nebraska, Lincoln

Special Information: Board Certified in General Surgery



GENERAL SURGERY

Jason D. Walsh, MD, FACS, CWS

Board Certified

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816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree - University of Nebraska Medical Center, Omaha, NE, 1997, Bachelor of Arts in Health Science - Chadron State College, Chadron, NE, 1994. Residency: General Surgery - Gundersen Lutheran Medical Center, La Crosse, Wisconsin, 2002

Certification: Board Certified in General Surgery, Certified Wound Specialist.



GENERAL SURGERY

Taya N. O'Brien, APRN

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Master of Science in Nursing - University of Nebraska Medical Center, Omaha, NE Bachelor of Science in Nursing - University of Nebraska Medical Center- College of Nursing, Kearney, NE

Undergraduate: University of Nebraska, Kearney, NE

Certification: AANP – Family Nurse Practitioner, ABOSA – Surgical Assistant



GYNECOLOGY

Michele A. Krieger, MD, FACOG

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: University of Nebraska Medical School, Omaha, NE. Internship: University of Illinois, Peoria, IL. Residency: University of Illinois, Peoria, IL.

Certification: Board Certified in Obstetrics & Gynecology.



HEMATOLOGY/ONCOLOGY

Nick Hartl, M.D.

Board Certified in Hematology & Oncology

HEARTLAND HEMATOLOGY-ONCOLOGY, P.C.

412 W. 42nd Street
Kearney, NE 68845
308-865-2303 Fax: 308-865-2304

Education/Medical School: Fellowship: Hematology/Oncology, University of Iowa Hospitals and Clinics. Residency: Internal Medicine, University of Iowa Hospitals and Clinics. Medical Degree: University of Nebraska Medical Center, Omaha. Undergraduate: University of Nebraska, Kearney.

Special Information: Dr. Hartl has been in practice since 2010.



HOSPICE

TABITHA HOSPICE

904 Concord Ave
Grand Island, NE 68803
308.389.6002 | Fax: 308.389.3704
www.Tabitha.org/Kearney

Specialty: Tabitha is a local, faith-based nonprofit offering the gold standard for quality, compassionate, end-of-life care including support and care for those in the last phases of a life-limiting illness and their families.

Service Area: Buffalo, Kearney, Hall, Merrick, Hamilton, Howard



HEMATOLOGY/ONCOLOGY

Cynthia M. Lewis, M.D.

Board Certified in Hematology & Oncology

HEARTLAND HEMATOLOGY-ONCOLOGY, P.C.

412 W. 42nd Street
Kearney, NE 68845
308-865-2303 Fax: 308-865-2304

Education/Medical School: Fellowship: Hematology/Oncology, University of Nebraska Medical Center, Omaha. Residency: Internal Medicine, University of Nebraska Medical Center, Omaha. Medical Degree: University of Nebraska College of Medicine, Omaha. Undergraduate: University of Nebraska, Lincoln.

Special Information: Dr. Lewis has been in practice since 1996.



HOSPICE/DEMENTIA

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308-698-5080

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Serving: Buffalo, Dawson, Sherman, Custer, Frontier, Furnas, Gosper, Kearney, Phelps, Harlan, Red Willow, Valley, and Franklin Counties



HOSPITALIST

Niki A. Deeds, PA-C

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education: University of Nebraska Medical Center, Omaha, NE – Master of Physician Assistant

Undergraduate: Texas Christian University, Ft. Worth, TX -

Certification: NCCPA – Certified Physician Assistant



HOME HEALTH CARE

TABITHA HOME HEALTH

904 Concord Ave
Grand Island, NE 68803
308.389.6002 | Fax: 308.389.3704
www.Tabitha.org/Kearney

Specialty: Tabitha is a local, faith-based nonprofit offering Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Home Health Aide, Would Care, Dietician Instruction, Medication Management, Chronic Illness Education and Management

Service Area: Buffalo, Kearney, Hall, Merrick, Hamilton



HOSPITALIST

Anirban Ghosh, MD

Board Certified

PLATTE VALLEY MEDICAL GROUP

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree, Calcutta National Medical College, Kolkata, West Bengal, India. Internship: Compulsory Rotary Internship, Calcutta National Medical College & Hospital, Kolkata, India.

Residency: Internal Medicine, Mercy Catholic Medical Center, PA

Certifications: Board Certified in Internal Medicine.



HOSPITALIST

Sarah L. Gierhan, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Master of Science in Nursing – Clarkson College, 2016, Bachelor of Science in Nursing – UNMC, College of Nursing, 2010

Certification: AANP – Family Nurse Practitioner



HOSPITALIST

Kristin R. Lawson, MD

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www.plattevalleymed.com

Education/Medical School: Residency: Internal Medicine, University of Kansas, Kansas City, KS, 1992-94. Internship: Internal Medicine, University of Minnesota, Minneapolis, MN, 1991-92. Medical Degree: University of Kansas, Lawrence, KS, 1991. Undergraduate: University of Kansas, Lawrence, KS, 1987



HOSPITALIST

Jessica M. Gregg, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Master of Science in Nursing – Creighton University, 2016, Bachelor of Science in Nursing – Bryan LGH College of Health Sciences, 2011

Certification: ANCC – Adult Acute Care Gerontology



HOSPITALIST

Shannon K. Linton, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Doctor of Nursing Practice - Creighton University, Omaha, NE

Undergraduate: University of NE Medical Center, Kearney, NE

Certification: ANCC – Adult/Geriatric Acute Care, CCRN



HOSPITALIST

Courtney A. Herbig, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Master of Science in Nursing – UNMC, 2020, Bachelor of Science in Nursing – Creighton University, 2016

Certification: AANP – Family Nurse Practitioner



HOSPITALIST

Jennifer L. Pool, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Master of Science in Nursing – Maryville University, 2020, Bachelor of Science in Nursing – Midland University, 2015

Certification: AANP – Family Nurse Practitioner



HOSPITALIST

Rochelle K. Herrada, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Master of Science in Nursing - Chamberlain University, Downers Grove, Illinois

Undergraduate: University of NE Medical Center, Omaha, NE

Certification: AANP – Family Nurse Practitioner



HOSPITALIST

Ishrat A. Saif, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Hospital of St. Raphael, New Haven, CT, 2000-03. Internship: Chittagong Medical College, Chittagong, Bangladesh, 1990-91. Medical Degree: Chittagong Medical College, Chittagong, Bangladesh, 1990. Undergraduate: University of Chittagong, Chittagong, Bangladesh

Certification: Board Certified in Internal Medicine



HOSPITALIST

Blake R. Johnson, PA-C

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education: Master of Physician Assistant Studies - Saint Ambrose University, Davenport, Iowa, 2018, Bachelor of Science In General Studies, Minor in Public Health – University of Nebraska, Kearney, NE, 2015.

Certification: NCCPA – Certified Physician Assistant.



HOSPITALIST

Jamie E. Schmeits, APRN

Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education: Master of Science in Nursing - Clarkson College, Omaha, NE, 2018, Bachelor Degree in Nursing – Clarkson College, Omaha, NE, 2016, Associate Degree in Nursing – Central Community College, Hastings, NE, 2010.

Certification: AANP – Family Nurse Practitioner.



HOSPITALIST

Nicole A. Walz, PA-C
Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education: University of Nebraska Medical Center, Omaha, NE – Master of Physician Assistant

Undergraduate: University of Nebraska – Kearney, NE

Certification: NCCPA – Certified Physician Assistant



HOSPITALIST

Daniell M. White, APRN
Board Certified

KEARNEY REGIONAL MEDICAL CENTER

804 22nd Ave • Kearney, NE 68845
308-455-3600 • Fax 308-455-3950
www.kearneyregional.com

Education/Medical School: Master of Science in Nursing – Clarkson College, 2020, Bachelor of Science in Nursing – Chamberlain College of Nursing, 2015

Certification: AANP – Family Nurse Practitioner



INTERNAL MEDICINE

Bhavish Aubeelauck, MD
Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Medical Degree: "Iuliu Hatieganu" University, Faculty of Medicine, Cluj Napoca, Romania. Residency: Norwalk Hospital affiliated with Yale University School of Medicine, Western Connecticut Health Network. **Special Information:** Board Certified in Internal Medicine. Creighton University School of Medicine Assistant Clinical Professor.



INTERNAL MEDICINE

Kaitlyn T. Beranek, PA-C
Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: Union College, Lincoln, Nebraska – Master of Physician Assistant 2013.

Undergraduate: University of Nebraska, Kearney, NE.

Certification: NCCPA-Certified Physician Assistant.



INTERNAL MEDICINE

Cortney A. Geisler, APRN
Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: Clarkson College, Omaha, NE –MSN-FNP 2010; University of Nebraska Medical Center, Omaha, NE – BSN-RN 2002

Certification: AANP-Family Nurse Practitioner.



INTERNAL MEDICINE

Anirban Ghosh, MD
Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree: Calcutta National Medical College, Kolkata, West Bengal, India. Internship: Compulsory Rotary Internship, Calcutta National Medical College & Hospital, Kolkata, India.

Residency: Internal Medicine, Mercy Catholic Medical Center, PA

Certifications: Board Certified in Internal Medicine.



INTERNAL MEDICINE

Richard Hranac, MD, FACP
Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

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308-865-2370
www.CHIhealth.com

Education/Medical School: Residency: Internal Medicine, University of Nebraska Medical Center, Omaha. Internship: University of Nebraska Medical Center, Omaha. Medical Degree: University of Nebraska College of Medicine, Omaha. Undergraduate: Stanford University, Stanford, CA.

Special Information: Board Certified in Internal Medicine



INTERNAL MEDICINE

Michael R. Lawson, MD

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Internal Medicine, University of Kansas, Kansas City, KS, 1990-92. Internship: Internal Medicine, University of Kansas, Kansas City, KS, 1989-90. Medical Degree: University of Oklahoma, Oklahoma City, OK, 1985. Undergraduate: Oklahoma State University, Stillwater, OK.



INTERNAL MEDICINE

Cortney Mahony, APRN
Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education: University of Nebraska Medical Center - College of Nursing, Lincoln, NE

Certification: Nurse Practitioner-Family, American Academy of Nurse Practitioners



INTERNAL MEDICINE

Scott L. Smith, MD

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Internal Medicine, University of Kansas Medical Center, Kansas City, MO, 1991-95. Internship: Internal Medicine, University of Kansas Medical Center, Kansas City, MO, 1991-92. Medical Degree: University of Nebraska College of Medicine, Omaha, 1991. Undergraduate: University of Denver, Denver, CO.



INTERVENTIONAL CARDIOLOGY

Sean D. Denney, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree: Creighton University, 1999.
Residency: Internal Medicine, Creighton University, 2003. Fellowship:
Cardiovascular Medicine, Creighton University, Omaha, NE 2006.
Certification: Board Certified in Cardiovascular Disease, Internal Medicine.



INTERVENTIONAL RADIOLOGY

Joseph Vavricek, IV, M.D.

Board Certified

HEARTLAND RADIOLOGY

Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GIIMagingCenter.com

Fellowship: Interventional Radiology, University of Kansas Medical Center; Kansas City, KS, 2015-2016; **Residency:** Diagnostic Radiology, University of Nebraska Medical Center; Omaha, NE, 2011-2015; **Internship:** Internal Medicine, Iowa Methodist Medical Center, Des Moines, IA, 2010-2011; **Medical School:** University of Nebraska College of Medicine; Omaha, NE, 2010



INTERVENTIONAL CARDIOLOGY

Thomas J. Lanspa, M.D.

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree: Creighton University, Omaha, NE. Residency: Internal Medicine, Creighton University, Omaha, NE. Fellowship: Cardiovascular Disease, Creighton University, Omaha, NE.
Certification: Board Certified in Internal Medicine, Cardiovascular Disease, & Interventional Cardiology.



INTERVENTIONAL RADIOLOGY/ MUSCULOSKELETAL IMAGING

Nathan Murdoch, M.D.

Board Certified

HEARTLAND RADIOLOGY

Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GIIMagingCenter.com

Fellowship: Musculoskeletal Radiology, Mayo Clinic, Rochester, MN, 2013-2014; **Residency:** Diagnostic Radiology, University of Nebraska Medical Center, Omaha, 2009-2013; **Internship:** Internal Medicine, University of Nebraska Medical Center, Omaha, 2008-2009; **Medical School:** University of Nebraska Medical Center, Omaha, 2008



INTERVENTIONAL CARDIOLOGY

Tom V. Pagano, M.D., F.A.C.C.

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Internal Medicine - Creighton University School of Medicine, Omaha, Nebraska, 1980; Fellowship - Cardiology - Creighton University School of Medicine, Omaha, Nebraska, 1983
Certification: Board Certified in Cardiovascular Disease & Internal Medicine



MASSAGE THERAPY

Kady Jacobs, LMT

HOLISTIC HEALING-MASSAGE THERAPY

202 West 30th Street • Kearney, NE 68847
308-529-7950 • www.holistickearney.com
kady@holistickearney.com

Education: Universal College of Healing Arts - Omaha, NE
Certification: Certification in Body Art Therapy, Advanced Chair Massage, Deep Tissue Massage and Myofascial Release in Lower Lumbar & Cervical Areas
Special Information: Relax, Revitalize and Rejuvenate the balances between body, mind and soul.



INTERVENTIONAL CARDIOLOGY

Vivek K. Varma, M.D.

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Medical Degree - University of Maryland, 1985
Residency: University of Maryland Hospital, 1988 Fellowship: Interventional Cardiology - University of Alabama, 1994 **Certification:** Board Certified in Cardiovascular Disease, Interventional Cardiology, Internal Medicine.
Registered Physician in Vascular Interpretation.



MAXILLOFACIAL

Kenneth B. Carey, DMD, LLC

Oral & Maxillofacial Surgery

HEARTLAND ORAL SURGERY & DENTAL IMPLANTS

516 W. 39th St., Suite D • Tower Plaza
Kearney, NE • 308-865-2577
908 N. Howard, Suite 101
Grand Island, NE • 308-381-8500
www.heartlandoralsurgery.com
Email: info@heartlandoms.com

Education/Medical School: Idaho State University, Oregon Health and Science University.
Residency: Womack Army Medical Center. **Special Information:** Dr. Carey is a Board Certified Oral Surgeon that specializes in: Wisdom Teeth, Dental Implants, Tooth Extractions, All on Four, Teeth in a Day, TMJ Surgery, Facial Trauma, Sleep Apnea, In Office Anesthesia



INTERVENTIONAL RADIOLOGY

Cody Evans, M.D.

Board Certified

HEARTLAND RADIOLOGY

Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GIIMagingCenter.com

Fellowship: Interventional Radiology, University of Nebraska Medical Center, Omaha, 2011-2012; **Residency:** Diagnostic Radiology, University of Nebraska Medical Center, Omaha, 2007-2011; **Internship:** Internal Medicine, University of Nebraska Medical Center, Omaha, 2006-2007; **Medical School:** University of Nebraska Medical Center, Omaha, 2006



MEDICAL SCRUBS/UNIFORMS

SCRUBS, PRN

3700 2nd Ave.
Kearney, NE 68847
308-237-1411
Fax: 308-237-1409
ScrubsprnKearney@gmail.com



Special Information:

- We Match Prices with proof of price, including online prices
- Group Discounts
- Special Orders Available



MEDICAL ONCOLOGY

Sarah Creamer, MD

Board Certified

**CHI HEALTH REGIONAL
CANCER CENTER**

10 E 31st Street
Kearney, NE 68847
308-865-7985
www.CHIhealth.com

Education/Medical School: University of South Dakota School of Medicine, Vermillion, SD; Residency: University of Texas - Houston, TX - Internal Medicine, Pediatrics; Fellowship: Houston Methodist, Houston, TX - Hematology/Oncology

Certification: Hematology, American Board of Internal Medicine



NEPHROLOGY

Arin Reimers, PA-C

**CHI HEALTH CLINIC
GOOD SAMARITAN**

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education: University of Nebraska Medical Center, Omaha, NE



MEDICAL ONCOLOGY

David Crockett, MD

Board Certified

**CHI HEALTH REGIONAL
CANCER CENTER**

10 E 31st Street
Kearney, NE 68847
308-865-7985
www.CHIhealth.com

Education/Medical School: Creighton University School of Medicine - Omaha, NE; Residency: Internal Medicine, University of Nebraska Medical Center - Omaha, NE; Fellowship: Hematology and Oncology, University of Nebraska Medical Center - Omaha **Certification:** ABIM Board Certified in Internal Medicine; Hematology, American Board of Internal Medicine; Medical Oncology, American Board of Internal Medicine



NEPHROLOGY

Abhisekh Sinha Ray, MD

**CHI HEALTH CLINIC
GOOD SAMARITAN**

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Medical degree from the University of Calcutta, Residency at Interfaith Medical Center, Fellow in Nephrology at Kansas University Medical Center



MEDICAL ONCOLOGY

Lillian Simpson, APRN

Board Certified

**CHI HEALTH REGIONAL
CANCER CENTER**

10 E 31st Street
Kearney, NE 68847
308-865-7985
www.CHIhealth.com

Education: University of Nebraska Medical Center at Kearney, Kearney, NE - MSN

Certification: Nurse Practitioners, American Academy of Nurse Practitioners



NEUROLOGY

Jason Mallin, MD

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Sackler School of Medicine of Tel Aviv University, Israel. Residency: Neurology, Yale University School of Medicine, New Haven, CT; Internal Medicine, North Shore University Hospital, Manhasset, NY

Special Information: Board Certified in Internal Medicine, Psychiatry and Neurology



MUSCULOSKELETAL RADIOLOGY

Tamara Hlavaty, M.D.

Board Certified

HEARTLAND RADIOLOGY

Grand Island, NE
(308) 398-6400 • Fax: (308) 398-6408
www.HeartlandRadiology.net
www.GIImagingCenter.com

Fellowship: Musculoskeletal Radiology, University of Nebraska Medical Center; Omaha, NE; **Residency:** University of Iowa Hospital & Clinics; Iowa City, IA; **Medical School:** University of Arkansas for Medical Sciences; Little Rock, AR



NEUROLOGY

**Pamela Palmer,
APRN, MSN, FNP-C, CCRN**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370 www.CHIhealth.com

Education/Medical School: Bachelor's degree from Hastings College and nurse practitioner degree from Chamberlain College

Special Information: Member of the American Association of Neurology, American Association of Neurology Nurses, and the American Nurse Practitioner Association



NEPHROLOGY

Imtiaz Islam, MD

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Medical Degree: Dhaka Medical College, Bangladesh. Internship, residency and fellowship: Hospital of St. Raphael, affiliated with Yale School of Medicine, New Haven, CT.

Special Information: Dr. Islam is board certified in nephrology.



NEUROLOGY

Jan C. Weber, MD

**PLATTE VALLEY
MEDICAL CLINIC**

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Neurology, University of Minnesota Hospital Medical Center, Minneapolis, MN, 1983-86. Internship: Flexible, St. Paul Ramsey Medical Center, St. Paul, MN, 1982-83 Medical Degree: University of Minnesota College of Medicine, Minneapolis, MN, 1982. Undergraduate: Judson College, Elgin, IL



NEUROLOGY/EMG NERVE CONDUCTION

Andrew M. Saw, M.D.
Board Certified

ANDREW M. SAW, M.D.
3003 Central Avenue
Kearney, NE 68847
308-237-2232 • Fax: 308-237-2376

Education/Medical School: Institute of Medicine Rangoon, Burma. Internship/Residency: Wayne State University School of Medicine, Detroit Michigan. Fellowship: Henry Ford Hospital, Detroit, Michigan.
Special Information: Board Certified in Neurology and Electrodiagnostic Medicine.



OBSTETRICS/GYNECOLOGY

David H. Weir, M.D. F.A.C.O.G
Board Certified
CONTEMPORARY OBSTETRICS & GYNECOLOGY, PC
101 W 24th St Kearney, NE 68845
308-865-2740 1-800-559-4911
www.cobgyn.com • stork@cobgyn.com

Education/Medical School: University of Michigan Medical School.
Internship: University of Nebraska Medical Center. **Certification:** Medical Doctor specializing in Obstetrics and Gynecology.



NEUROSURGERY

Chinyere Obasi, MD
Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**
3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Medical Degree: University of Ibadan, Nigeria. Internship: Military Hospital, Lagos, Nigeria. Residency: London Health Science Center, Ontario, Canada; Russell's Hall Hospital, England; Newcastle General Hospital, England. Spine Fellowship Training, UCLA Medical Center, Los Angeles, California.



OCCUPATIONAL THERAPY

Bruce Albrecht, OTR-L, CWCE

KEARNEY PHYSICAL THERAPY
2707 2nd Avenue, Suite B
Kearney, NE 68847
308-234-1278 • Fax: 308-234-1279
www.kearneytherapy.com

Education/Medical School: Colorado State University **Certification:** Work Capacity Evaluator, Physical Agent Modalities **Specialty:** Functional capacity evaluations, upper extremity injuries, pre-placement assessments, ergonomic assessments, pain management, myofascial release, stroke rehabilitation
Special Information: Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



OBSTETRICS/GYNECOLOGY

Amie J. Jorgensen, M.D. F.A.C.O.G
Board Certified
CONTEMPORARY OBSTETRICS & GYNECOLOGY, PC
101 W 24th St Kearney, NE 68845
308-865-2740 1-800-559-4911
www.cobgyn.com • stork@cobgyn.com

Education/Medical School: University of Nebraska College of Medicine. **Residency:** University of Nebraska Medical Center.
Certification: Medical Doctor specializing in Obstetrics and Gynecology.



OCCUPATIONAL THERAPY

Mackenzie Aten, OTR/L

KEARNEY PHYSICAL THERAPY
3219 Central Avenue, Suite 105
Kearney, NE 68847
308-865-7182 • Fax: 308-865-2881
www.kearneytherapy.com

Education/Medical School: College of Saint Mary
Specialty: Neurological Disorders, Driving Evaluations, Vision Therapy, Orthopedics of the Upper Extremity, Pediatrics, Aquatic Therapy



OBSTETRICS/GYNECOLOGY

Keri H. Philpot, M.D. F.A.C.O.G
Board Certified
CONTEMPORARY OBSTETRICS & GYNECOLOGY, PC
101 W 24th St Kearney, NE 68845
308-865-2740 1-800-559-4911
www.cobgyn.com • stork@cobgyn.com

Education/Medical School: University of Nebraska College of Medicine. **Residency:** University of Nebraska Medical Center.
Certification: Medical Doctor specializing in Obstetrics and Gynecology.



OCCUPATIONAL THERAPY

KaeLynn (Katie) Slack, OTD, OTR/L
Physical Therapist

ALPHA REHABILITATION & PHYSICAL THERAPY
920 East 56th Street, Suite A • Kearney, NE 68847
308-233-5060 • Fax: 308-233-5062
www.alpharehab.com

Specialty: Treating adults and children with Stroke, Neuromuscular disorders, Visual Motor and Perceptual deficits, Cortical Vision Impairment, Developmental Delays and Traumatic Brain Injuries, Treating Children with Autism, Down Syndrome, Oral Aversion, Sensory Processing Disorders, Vestibular Dysfunction and Dyspraxia.
Special Information: Same day appointments available. Medicare, Medicaid, Private Health Insurance, Workers Compensation accepted.
Education: Doctorate of Occupational Therapy from St. Ambrose University



OBSTETRICS/GYNECOLOGY

Gina Torpin, M.D., F.A.C.O.G
Board Certified
CONTEMPORARY OBSTETRICS & GYNECOLOGY, PC
101 W 24th St Kearney, NE 68845
308-865-2740 1-800-559-4911
www.cobgyn.com • stork@cobgyn.com

Education/Medical School: University of Nebraska College of Medicine. **Residency:** University of Nebraska Medical Center.
Certification: Medical Doctor specializing in Obstetrics and Gynecology.



OCCUPATIONAL THERAPY

Shelby O'Connor, OTD, OTR/L

CHILDREN'S REHAB CENTER
2707 2nd Avenue, Suite B
Kearney, NE 68847
308-234-1278 • Fax: 308-234-1279
www.childrensrehabcenter.com

Education/Medical School: University of Nebraska-Kearney, Creighton University **Specialty:** Pediatrics, Women's Health **Special Information:** Same day appointments available. Medicare, Medicaid and private health insurance accepted.



OCCUPATIONAL THERAPY

Janine Walker, OTR/L

NEW WEST ORTHOPAEDIC & SPORTS REHABILITATION, LLC

2810 W. 35th Street, Lower Level
Kearney, NE 68847
308-237-7388 • www.newwestrehab.net

Education: Occupational Therapy from Creighton University, Certified Functional Capacity Evaluator, Certified Graston Technique
Specialty: Hand Therapy, Orthopaedic Upper Extremity Injuries, Functional Capacity Evaluations & Splinting, Aquatic Rehabilitation
Special Info: Member American Occupational Therapy Association, Member Nebraska Occupational Therapy Association



ON CALL SURGEON

Kenneth B. Carey, DMD, LLC

Oral & Maxillofacial Surgery
HEARTLAND ORAL SURGERY & DENTAL IMPLANTS

516 W. 39th St., Suite D • Tower Plaza
Kearney, NE • 308-865-2577
908 N. Howard, Suite 101
Grand Island, NE • 308-381-8500
www.heartlandoralsurgery.com
Email: info@heartlandoms.com

Education/Medical School: Idaho State University, Oregon Health and Science University.
Residency: Womack Army Medical Center. **Special Information:** Dr. Carey is a Board Certified Oral Surgeon that specializes in: Wisdom Teeth, Dental Implants, Tooth Extractions, All on Four, Teeth in a Day, TMJ Surgery, Facial Trauma, Sleep Apnea, In Office Anesthesia



OPHTHALMOLOGY

Thomas J. Clinch, M.D.

Board Certified

KEARNEY EYE INSTITUTE, PC

411 W. 39th Street
Kearney, NE 68845
308-865-2760 • 800-657-2112
www.kearneyeye.com

Education/Medical School: Ophthalmology Residency: Ohio State University, Columbus, OH, 1999–2002; Chief Resident 2001–02; Internship: Portsmouth Naval Medical Center, Portsmouth, VA, 1995–96; Medical Degree: University of Nebraska College of Medicine, Omaha, 1995; Undergraduate: Nebraska Wesleyan University, Lincoln, 1991.

Special Information: Board Certified in Ophthalmology, New Technology IOL Certified



OPHTHALMOLOGY

Jan V. Jensen, M.D.

Board Certified

KEARNEY EYE INSTITUTE, PC

411 W. 39th Street
Kearney, NE 68845
308-865-2760 • 800-657-2112
www.kearneyeye.com

Education/Medical School: Residency: Ophthalmology, University of Nebraska Medical Center, Omaha, 1973–76; Internship: Internal Medicine, University of Nebraska Medical Center, Omaha, 1972–73; Medical Degree: University of Nebraska College of Medicine, Omaha, 1972; Undergraduate: Nebraska Wesleyan University, Lincoln, 1968

Special Information: Board Certified in Ophthalmology



OPHTHALMOLOGY

Diana M. Lind, D.O.

Board Certified

LIND EYE CARE

4107 7th Avenue • Kearney, NE 68845
308-236-8500 • www.lindeyecare.com

Specialty: Comprehensive Ophthalmology, Including Cataracts, Glaucoma, Dry Eyes, Eyelid Procedures.

Education/Medical School: University of Health Science, 1993, Kansas City Missouri, Magna cum laude. Internship: University of Missouri, Kansas City, Missouri, Truman Hospital of Internal Medicine, 1994. Residency: Department of Ophthalmology, University of Kansas Medical Center, Kansas City, Kansas, 1997

Special Information: Board Certified in Ophthalmology.



OPTOMETRY

Kyle N. Craw, O.D.

KEARNEY EYE INSTITUTE, PC

411 W. 39th Street
Kearney, NE 68845
308-865-2760 • 800-657-2112
www.kearneyeye.com

Specialty: Primary Care/Medical Optometry

Education/Medical School: Undergraduate Studies at the University of Nebraska at Lincoln. Doctorate of Optometry - Southern College of Optometry in Memphis, TN.



OPTOMETRY

Mandy J. Johnson, O.D.

OPTICAL GALLERY

220 West 39th Street (New Location Comming Soon!)
Kearney, NE 68845
308-234-9913 or 308-236-5935
Fax: 308-234-4006
www.opticalgalleryofkearney.com

Specialty: Primary Care Optometry

Education/Medical School: Undergraduate studies University of Nebraska-Lincoln; Indiana University School of Optometry

Internship: Atwater Eye Care Center-Bloomington, IN; Indianapolis Eye Care Center; Pensacola V.A.-Pensacola, FL; Offut Air Force Base-Omaha, NE

Special Information: Contact Lenses, Pediatrics, Therapeutically Certified to treat & manage Ocular Diseases. VSP, EyeMed and BCBS provider.



OPTOMETRY

Elyse E. Kohl, O.D.

KEARNEY EYE INSTITUTE, PC

411 W. 39th Street
Kearney, NE 68845
308-865-2760 • 800-657-2112
www.kearneyeye.com

Specialty: Primary Care/Medical Optometry

Education/Medical School: Undergraduate Studies at Concordia University in Seward, NE. Doctorate of Optometry from Kentucky College of Optometry in Pikeville, KY.



OPTOMETRY

Jeff Kozal, O.D.

EXACT EYE CARE

4919 2nd Avenue
Kearney, NE 68847
308-237-7693 • Fax: 308-237-2948
www.exacteyecarekearney.com

Specialty: Primary Care Optometry, Contact Lenses, Ocular Disease Diagnosis and Treatment
Education/Medical School: Undergraduate studies at Chadron State College; Optometry School at University of Houston, graduated 1988.

Internship: Indian Health Service, Rosebud Hospital

Special Information: Specialty and Hard To Fit Contact Lens Cases; Pediatrics; Therapeutically Certified to Treat and Manage Ocular Disease. VSP, EyeMed, BCBS, and Medicare provider.



OPTOMETRY

Betsy A. Turk, O.D.

LIND EYE CARE

4107 7th Avenue • Kearney, NE 68845
308-236-8500 • www.lindeyecare.com

Specialty: Contact Lens Specialist

Education/Medical School: Undergraduate Degree: Allegheny College, Meadville, PA 1989, Doctor of Optometry: Illinois College of Optometry, Chicago, IL. 1993. Internship: Cleveland VA Hospital and Cleveland Clinic, Cleveland, OH. 1993 Eye Physicians & Surgeons, Chicago, IL. 1993-1995. **Special Information:** Eye exams and fitting of contact lenses. Therapeutically Certified to treat and manage ocular diseases.



OPTOMETRY

Frank E. Williams, O.D.
Board Certified

KEARNEY EYE INSTITUTE, PC
411 W. 39th Street • Kearney, NE 68845
308-865-2760 • 800-657-2112
Fax: 308-865-2769 • www.kearneyeye.com
kearneyeye@kearneyeye.com

Specialty: Primary Care/Medical Optometry

Certification: Therapeutically Certified to Treat and Manage Ocular Disease

Education/Medical School: University of Wyoming; Illinois College of Optometry

Special Information: VSP, EyeMed and BCBS provider



ORTHOPAEDIC/HAND & WRIST SURGERY

Paul J. Nielsen, M.D.
Board Certified

NEW WEST SPORTS MEDICINE & ORTHOPAEDIC SURGERY
2810 W. 35th Street • Kearney, NE
1-800-408-1689 • 308-865-2570
www.newwestsportsmedicine.com

Education/Medical School: University of Missouri School of Medicine, Columbia, MO; Residency: Orthopaedic Surgery, University of Nebraska - Creighton University Health Foundation, Omaha, NE; Fellowship: Hand and Upper Extremity Surgery, Indiana Hand to Shoulder Center, Indianapolis, IN. **Special Information:** Specializes in operative and non-operative diagnosis and treatment of the hand, wrist, elbow, and shoulder.



ORAL AND MAXILLOFACIAL SURGEON

Matthew Weber, D.D.S., M.D.
Board Certified

SANDHILLS ORAL & FACIAL SURGERY
504 W 42nd Street
Kearney, NE 68845 • 308-455-1944
www.sandhillsoralfacialsurgery.com

Specialty: Dr. Weber practices a full scope of Oral and Maxillofacial surgery, specializing in all areas of the mouth, teeth and facial regions. Areas of expertise: Dental Implant Surgery, Wisdom Tooth Removal, Facial Trauma & Reconstructive Surgery, Corrective Jaw/Orthognathic Surgery, Oral & Facial Pathology, Facial Cosmetics



ORTHOPAEDIC SURGERY/SPINE & NECK

James M. Mahalek, M.D.
Board Certified

NEW WEST SPORTS MEDICINE & ORTHOPAEDIC SURGERY
2810 W. 35th Street • Kearney, NE
1-800-408-1689 • 308-865-2570
www.newwestsportsmedicine.com

Education/Medical School: Residency: Orthopaedic Surgery, University of Texas Health Science Center at San Antonio, 1999-2004. Fellowship: Orthopaedic Spine Surgery, South Texas Spinal Clinic, 2004-05. Medical Degree: UNMC, Omaha, 1995-1999. Undergraduate: UNK, 1991-95.

Special Information: Specializes in operative and non-operative diagnosis and treatment of the neck and back.



ORTHODONTIST

Steven Meier, D.D.S., M.S.
Orthodontics

CENTRAL NEBRASKA ORTHODONTICS
4114 4th Avenue
Kearney, NE 68845
308-381-8150
Fax: 308-381-1183
530 North Diers Ave
Grand Island, NE 68803
308-381-8150
www.cneortho.com

Education/Medical School: University of Texas Health Science Center at San Antonio

Residency: University of Colorado

Special Information: Member of American Association of Orthodontists, American Dental Association



ORTHOPAEDIC/SPINE SURGERY

David A. Benavides, M.D.
Board Certified

CENTRAL NEBRASKA SPINAL SURGERY CENTER, P.C.
816 22nd Avenue, Suite 101
Kearney, NE 68845
308-865-2557

Education/Medical School: Fellowship: Spinal Surgery, South Texas Orthopaedic and Spinal Surgery Associates, University of Texas Health Science Center at San Antonio, San Antonio, TX, 1993-94. Residency: Orthopaedic Surgery, Scott and White Memorial Hospital, Texas A&M University, College of Medicine, Temple TX, 1989-93. Medical Degree: University of Texas Medical Branch at Galveston, Galveston, TX, 1988. Undergraduate: University of Texas at Austin, Austin TX. **Special Information:** Board Certified: American Board of Orthopaedic Surgery



ORTHODONTIST

Steven J. Swenson, D.D.S., M.S.

Swenson Orthodontics
408 West 39th St.
Kearney, NE 68845
308-234-9226
www.kearneybraces.com
Satellite Address:
302 E. 6th St. #3
Lexington, NE 68850

Education/Medical School: University of Iowa, 2006.

Residency: University of Nebraska Medical Center-College of Dentistry, Orthodontic Certificate and M.S. in Oral Biology.

Special Information: Giving Kearney something to smile about with options such as clear aligners (Invisalign), ceramic braces, and conventional metal braces. Member of American Association of Orthodontists. Board Certified in Orthodontics



ORTHOPAEDIC SURGERY/SPORTS MEDICINE

Tiffany Byrkit, PA-C
Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN
3219 Central Avenue, Suite 102A
Kearney, NE 68847
308-865-2600
www.CHIhealth.com

Education/Medical School: Master of Physician Assistant, Union College, Lincoln, NE.

Special Information: Member of the American Academy of Physician Assistants.



ORTHOPEDIC SURGERY

Kim A. Hilliard, PA-C
Board Certified

PLATTE VALLEY MEDICAL CLINIC
816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Physician Assistant Degree from the University of Nebraska Medical Center in Omaha, NE, 1992.

Certification: NCCPA – Certified Physician Assistant



ORTHOPAEDIC SURGERY/SPORTS MEDICINE

Heber C. Crockett, M.D.
Board Certified

NEW WEST SPORTS MEDICINE & ORTHOPAEDIC SURGERY
2810 W. 35th Street • Kearney, NE
1-800-408-1689 • 308-865-2570
www.newwestsportsmedicine.com

Education/Medical School: Fellowship: American Sports Medicine Institute, Birmingham, AL, 1998-99. Residency: Hospital for Special Surgery, New York, NY, 1994-98. Internship: General Surgery, Cottage Hospital, Santa Barbara, CA, 1994. Medical Degree: UCLA School of Medicine, Los Angeles, CA, 1993. Undergraduate: Brigham Young University, Provo, UT **Special Information:** Specializes in operative and non-operative diagnosis and treatment of sports medicine conditions, including tendon and ligament injuries of the shoulder and knee.

**ORTHOPEDIC SURGERY/SPORTS MEDICINE****Sue Holliday, APRN****CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 102A
Kearney, NE 68847
308-865-2600
www.CHIhealth.com**Education/Medical School:** Bachelor's degree in nursing and Master's degree in family nurse practitioner from Clarkson College, Omaha, NE.**ORTHOPEDIC SURGERY/SPORTS MEDICINE****Nicholas F. Kolar, PA-C****CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 102
Kearney, NE 68847
308-865-2600
www.CHIhealth.com**Education:** University of Nebraska Medical Center, Omaha, NE**ORTHOPAEDIC SURGERY/SPORTS MEDICINE****Nolan R. May, M.D.**

Board Certified

**NEW WEST SPORTS MEDICINE
& ORTHOPAEDIC SURGERY**2810 W. 35th Street • Kearney, NE
1-800-408-1689 • 308-865-2570
www.newwestsportsmedicine.com**Education/Medical School:** Medical Degree: University of Nebraska Medical Center in Omaha, NE. Internship: Nebraska Health Foundation General Surgery in Omaha, NE. Residency: Nebraska Health Foundation Orthopaedic Surgery and Rehabilitation in Omaha, NE. Fellowship: Southern California Orthopaedic Institute in Van Nuys, CA. **Special Information:** Specializes in operative and non-operative diagnosis and treatment of sports medicine conditions, including tendon and ligament injuries of the shoulder and knee.**ORTHOPEDIC SURGERY/SPORTS MEDICINE****Nicholas Reed, PA-C**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 102A
Kearney, NE 68847
308-865-2600
www.CHIhealth.com**Education/Medical School:** Bachelor of Science in Exercise Science at Doan College, Crete, NE, Master of Physician Assistant Studies at University of Nebraska Medical Center, Omaha, NE**ORTHOPEDIC SURGERY/SPORTS MEDICINE****Danielle Wooldrik, DO, CAQSM**

Board Certified in Sports & Family Medicine

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 102A
Kearney, NE 68847
308-865-2600 www.CHIhealth.com**Education/Medical School:** Medical Degree: A.T. Still University-Kirksville College of Osteopathic Medicine, Kirksville, MO. Residency: Lincoln Medical Education Partnership, Lincoln, NE. Fellowship: Via Christi Sports Medicine, Wichita, KS with Interest in Acute and Chronic Musculoskeletal Conditions, Concussion Management and Musculoskeletal Ultrasound. **Certification:** Basic Life Support, Advanced Cardiac Life Support, ImPACT. **Special Information:** Team physician for the Tri-City Storm of the United States Hockey League.**ORTHOPEDIC SURGERY/SPORTS MEDICINE****John Wright, MD**

Board Certified

**CHI HEALTH CLINIC
GOOD SAMARITAN**3219 Central Avenue, Suite 102A
Kearney, NE 68847
308-865-2600 www.CHIhealth.com**Education/Medical School:** Medical Degree: University of Connecticut Medical School. General Surgery Internship: University of Hawaii. Residency: Orthopaedic Surgery, Hospital for Special Surgery, New York. Fellowship: Sports Medicine and Shoulder Surgery, Stedman Hawkins Clinic, Vail, Colorado. Total Joint Arthroplasty, New England Baptist Hospital, Boston. **Special Information:** Dr. Wright earned a bachelor's degree in molecular biology from Princeton University. He is board certified in Orthopaedic Surgery, holds a patent for a tissue repair system, has authored numerous peer-reviewed journal articles, several textbook chapters, and a textbook in orthopaedic surgery. He is an adjunct associate assistant professor at the University of Nebraska-Lincoln and team physician for the Tri-City Storm of the United States Hockey League.**ORTHOPEDIC SURGERY/TOTAL JOINT REPLACEMENT****Ryan DeBlis, MD**

Board Certified

**NEW WEST SPORTS MEDICINE
& ORTHOPAEDIC SURGERY**2810 W. 35th Street • Kearney, NE
1-800-408-1689 • 308-865-2570
www.newwestsportsmedicine.com**Education/Medical School:** Medical Degree: Drexel University College of Medicine, Philadelphia, PA. Residency: Orthopaedic Surgery, Drexel University College of Medicine, Philadelphia, PA. Fellowship: Foot and Ankle Surgery, Hospital for Special Surgery, New York, NY. **Special Information:** Specializing in the operative and non-operative treatment of the lower extremity (foot, ankle, knee, and hip, including total knee and hip replacements).**ORTHOPEDIC SURGERY/TOTAL JOINT REPLACEMENT****Chris E. Wilkinson, M.D.****PLATTE VALLEY
MEDICAL CLINIC**816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com**Education/Medical School:** Residency and Internship: Orthopedic Surgery, Maricopa County General Hospital, Phoenix, AZ, 1978-83. Medical Degree: University of Nebraska College of Medicine, Omaha, 1978. Undergraduate: Kearney State College, Kearney.**ORTHOTICS & PROSTHETICS****Ken Vylvlecka, CO, BOCPO**

Board Certified Prosthetist & Orthotist

FAMILY ORTHOTICS & PROSTHETICS4005 7th Avenue
Kearney, NE 68845
308-338-3550 • familyop.com**Education:** BS Degree, Southern Illinois University at Carbondale, Electronics Management, 1989. **Special Information:** Pediatric orthotist, University of Nebraska Medical Center, 1996. Branch Manager NOVACARE, Kearney Ne., 1997. Co-Founder Family O&P, 2000, Nebraska's only Verified, Veteran Owned Small Business, United States Air Force 1982-1990. **Services Include:** Infant Cranial Helmets, adult and pediatric orthotic & prosthetics devices, pedorthic service. **Clinics:** North Platte and O'Neill Nebraska.**OSTEOPATHIC MANIPULATIVE MEDICINE****Melinda Barratt, D.O.****SAGE CREEK INTEGRATIVE HEALTH**304 West 39th Street • Kearney, NE 68845
308-455-8255 • Fax: 308-455-8256
www.sagecreekih.com
Email: info@sagecreekih.com**Specialty:** Neuromusculoskeletal Medicine, Family Practice
Education/Medical School: Kirksville College of Osteopathic Medicine
Internship: Wilson Memorial Regional Medical Center, Johnson City, NY
Residency: Wilson Memorial Regional Medical Center, Johnson City, NY



PAIN MANAGEMENT

Christina Knispel APRN

REGENIREX ADVANCED PAIN MANAGEMENT

920 E. 56th St, Ste C-2 • Kearney, NE 68847
308-237-9696

Education/Medical School: Bachelor and Master of Science in Nursing degrees from the University of Nebraska Medical Center
Certification: AANP Family Nurse Practitioner



PALLIATIVE CARE

Marcia Leonard, APRN

Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Master's of Science in Nursing: University of Nebraska Medical Center. Board Certified in Family Medicine.

Special Information: Marcia worked in Oncology and Palliative Care since 2009. She obtained certification as Advanced Certified Hospice and Palliative Nurse Practitioner from National Board Certification for Hospice and Palliative Nurses.



PAIN MANAGEMENT

Burt J. McKeag M.D.

Board Certified in Anesthesiology & Pain Management

REGENIREX ADVANCED PAIN MANAGEMENT

920 E. 56th St, Ste C-2 • Kearney, NE 68847
308-237-9696

Education/Medical School: University of Nebraska Medical Center

Internship: Kansas University. **Residency:** Kansas University

Certification: Board Certified in Pain Management and Anesthesiology

Special Information: Fellowship in Pain Medicine at University of Nebraska Medical Center



PALLIATIVE CARE

Deborah Sheldon, APRN

Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370 www.CHIhealth.com

Education/Medical School: Master's of Science in Nursing: University of Nebraska Medical Center – Kearney division, geriatrics specialization.

Special Information: Board certified in geriatrics through American Nurses Credentialing Center. Debbie has worked in hospice and palliative care programs since 2010. She has obtained certification as Advanced Certified Hospice and Palliative Nurse Practitioner from National Board for Certification of Hospice and Palliative Nurses.



PAIN MANAGEMENT

Pam McKeag M.D.

Board Certified in Anesthesiology

REGENIREX ADVANCED PAIN MANAGEMENT

920 E. 56th St, Ste C-2 • Kearney, NE 68847
308-237-9696

Education/Medical School: University of Nebraska Medical Center

Residency: Kansas University

Certification: Board Certified in Anesthesiology



PEDIATRICS

Melissa Caha, D.O.

Board Certified

CHILDREN'S PHYSICIANS, KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308.234.5613 • Fax: 308.237.1541
www.ChildrensOmaha.org/Kearney

Education/Medical School: D.O., Rocky Vista University College of Osteopathic Medicine, Parker, Colo. **Residency:** Pediatrics, Creighton-Nebraska Universities Pediatrics Residency Program **Certification:** Board-certified in Pediatrics by the American Board of Pediatrics

Special Information: Same-day scheduled sick visits available.



PAIN MANAGEMENT

Brian Messbarger A.P.R.N.

Board Certified in Pain Management

REGENIREX ADVANCED PAIN MANAGEMENT

920 E. 56th St, Ste C-2 • Kearney, NE 68847
308-237-9696

Education/Medical School: Bachelor & Master of Science in nursing from the University of Nebraska Medical Center

Certification: Board Certified in Family Nurse Practitioner

Special Information: Pain Medicine



PEDIATRICS

Andrew Casper, M.D.

Board Certified

CHILDREN'S PHYSICIANS, KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308.234.5613 • Fax: 308.237.1541
www.ChildrensOmaha.org/Kearney

Education/Medical School: M.D., University of Nebraska College of Medicine **Residency:** Pediatrics, University of Missouri-Kansas City, Children's Mercy Hospital **Certification:** Board-certified in Pediatrics by the American Board of Pediatrics **Special Information:** Same-day scheduled sick visits available.



PAIN MANAGEMENT

J Paul Meyer M.D.

Board Certified in Anesthesiology & Pain Management

HEARTLAND PAIN CLINICS

2908 W 39th St, Suite D
Kearney, Nebraska 68845
308-455-8023 • www.heartlandpainclinics.com

Education/Medical School: Residency: Anesthesiology, University of Kansas Wichita. USD School of Medicine.

Certification: Board Certified in Pain Management and Anesthesiology



PEDIATRICS

Megan Cole, M.D.

Board Certified

CHILDREN'S PHYSICIANS, KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308.234.5613 • Fax: 308.237.1541
www.ChildrensOmaha.org/Kearney

Education/Medical School: M.D., University of Nebraska College of Medicine **Residency:** Pediatrics, Ann & Robert H. Lurie Children's Hospital of Chicago, Northwestern University Feinberg School of Medicine, Chicago **Certification:** Board-certified in Pediatrics by the American Board of Pediatrics **Special Information:** Same-day scheduled sick visits available.



PEDIATRICS

Steven Haskett, M.D.

Board Certified

CHILDREN'S PHYSICIANS, KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308.234.5613 • Fax: 308.237.1541
www.ChildrensOmaha.org/Kearney

Education/Medical School: M.D., University of Oklahoma College of Medicine **Residency:** Pediatrics, Creighton-Nebraska Universities Pediatrics Residency Program **Certification:** Board-certified in Pediatrics by the American Board of Pediatrics **Special Information:** Same-day scheduled sick visits available.



PEDIATRICS

Angela Kratochvil-Stava, M.D.

Board Certified

CHILDREN'S PHYSICIANS, KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308.234.5613 • Fax: 308.237.1541
www.ChildrensOmaha.org/Kearney

Education/Medical School: M.D., University of Nebraska College of Medicine **Residency:** Pediatrics, Creighton-Nebraska Universities Pediatrics Residency Program **Certification:** Board-certified in Pediatrics by the American Board of Pediatrics **Special Information:** Same-day scheduled sick visits available.



PEDIATRICS

Evin Lackore, M.D.

Board Certified

CHILDREN'S PHYSICIANS, KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308.234.5613 • Fax: 308.237.1541
www.ChildrensOmaha.org/Kearney

Education/Medical School: M.D., University of Nebraska College of Medicine **Residency:** Pediatrics, Creighton-Nebraska Universities Pediatrics Residency Program **Certification:** Board-certified in Pediatrics by the American Board of Pediatrics **Special Information:** Same-day scheduled sick visits available.



PHARMACIST

Rachel Daly, PharmD, RP

INNOVATIVE Rx COMPOUNDING PHARMACY

416 W 48th St STE 20
Kearney, NE 68845
308-708-5070 • Fax: 308-210-2492
www.innovativerx.com • info@innovativerx.com

Education/Medical School: Doctor of Pharmacy, University of Nebraska Medical Center College of Pharmacy. **Specialty:** Non-Sterile Compounding. **Certification:** Professional Compounding Centers of America HRT Specialist. **Special Information:** Pain, ENT, pediatrics, bioidentical hormone replacement therapy, men's and women's health, dermatology, esthetics, more.



PHARMACISTS

Gregory L. Hynes, Pharm. D.

ABC DRUG AND GIFT

2123 Central Ave.
Kearney, NE 68847
308-237-2178 • Fax: 308-237-0287

Education: University of Nebraska Medical Center, College of Pharmacy, 1997 **Special Information:** Most insurance plans accepted, Medicare, Medicaid and private insurance billings. Delivery available.

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PHARMACY

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5212 3rd Avenue
Kearney, NE 68845
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1323pharmacydept@hy-vee.com

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Kearney, NE 68847
308-455-1555 • Fax: 308-708-2699
www.usavepharmacy.com
info@usavepharmacy.com

Special Information: Fast 2 lane drive-thru, front door parking, free delivery and mail out, phone APP for easy refills, shingles flu and COVID vaccinations, Faster service at lower prices, Locally owned by the Hamik family since 1970. We have implemented the most advanced technology to offer our customers the **best service in the central Nebraska area.**



PHYSICAL MEDICINE & REHABILITATION

David Schanbacher, M.D.

Board Certified

CHI HEALTH CLINIC KEARNEY

211 W. 33rd Street
Kearney, NE 68845
308-865-2141
www.CHIhealth.com

Education/Medical School: University of Nebraska Medical Center, Omaha, NE **Residency:** University of Wisconsin Hospitals and Clinics, Madison, WI; Physical Medicine and Rehabilitation



PHYSICAL THERAPY

Matt Barth, PT, DPT

ELITE HEALTH AND WELLNESS

4715 2nd Avenue
Kearney, NE 68847 • www.elitekearney.com
308-455-1500 • Fax: 308-455-1502
Hours: Monday-Friday 8:00am-5:00pm

Education/Medical School: Bachelor of Science, Doane College. Doctor of Physical Therapy from the University of Nebraska Medical Center. **Specialties:** Sport Injury Risk Assessment Screens, Performance Enhancement Screens, Dry Needling, Pre and Post-Operative Rehabilitation, Employment Physicals.



PHYSICAL THERAPY

Josh Buechler, PT, DPT

KEARNEY PHYSICAL THERAPY

2707 2nd Avenue, Suite B
Kearney, NE 68847
308-234-1278 • Fax: 308-234-1279
www.kearneytherapy.com

Education/Medical School: Des Moines University **Certification:** LSVT-BIG; Functional Dry Needling **Specialty:** Neurological Disorders, Balance/Fall Prevention, Post-Amputee Rehabilitation, Parkinson's Specialized Training, Orthopedics, Dry Needling, Pediatrics **Special Information:** Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



PHYSICAL THERAPY

Krista Cullen, PT, DPT, CEEAA

Physical Therapist

TEAM PHYSICAL THERAPY

3811 Central Avenue, Suite F
Kearney, NE 68847
308-237-0591 • Fax: 308-237-4251
www.myteampt.com
kcullen@myteampt.com

Specialty: Pelvic Pain, Back Pain, Incontinence, Joint Replacements, Pre- Post-Surgical, Foot Pain, Running Evaluation, Diabetic Exercise, Manual Therapy, Scoliosis, Oncology Rehabilitation, Lymphedema, Post-Partum Rehabilitation **Education/Medical School:** Doctorate of Physical Therapy: University of Nebraska Medical Center **Special Information:** Other Locations: Broken Bow, Burwell, Callaway and Gothenburg. Medicare, Medicaid, Private Insurance and Worker's Comp accepted. Walk-ins welcome 5 days a week on all therapists.



PHYSICAL THERAPY

Adam Liess, PT, DPT, ATC

KEARNEY PHYSICAL THERAPY

2707 2nd Avenue, Suite B
Kearney, NE 68847
308-234-1278 • Fax: 308-234-1279
www.kearneytherapy.com

Education/Medical School: University of Nebraska Medical Center **Certification:** Athletic Training; Functional Dry Needling **Specialty:** Orthopedics, Sports Medicine, Athletic Injuries, Balance & Fall Prevention, Post-Amputee Recovery, Dry Needling **Special Information:** Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



PHYSICAL THERAPY

Matt Giffin, PT, DPT, CSCS

KEARNEY PHYSICAL THERAPY

3219 Central Avenue, Suite 105
Kearney, NE 68847
308-865-7182 • Fax: 308-865-2881
www.kearneytherapy.com

Education/Medical School: University of Nebraska Medical School **Certification:** Strength and Conditioning Specialist, Functional Dry Needling **Specialty:** Orthopedics, Sports Medicine, Balance/Fall Prevention, Total Joint Rehabilitation, Dry Needling **Special Information:** Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



PHYSICAL THERAPY

Jennifer McBride, PT

NEW WEST ORTHOPAEDIC & SPORTS REHABILITATION, LLC

2810 W. 35th Street, Lower Level
Kearney, NE 68847
308-237-7388 • www.newwestrehab.net

Education: Graduated with high distinction from the University of Nebraska Medical Center in 1995. Attended the University of Nebraska – Lincoln for undergraduate work. **Specialties:** Lower extremity biomechanical evaluations (this includes evaluation of gait at each joint from the foot to the pelvis.) Running gait evaluations and footwear recommendations. Custom orthotics. Evaluation and treatment of the extremities. Aquatic Rehabilitation.



PHYSICAL THERAPY

Micah Kern, PT, DPT, CLT

KEARNEY PHYSICAL THERAPY

3219 Central Avenue, Suite 105
Kearney, NE 68847
308-865-7182 • Fax: 308-865-2881
www.kearneytherapy.com

Education/Medical School: Creighton University **Certification:** Certified Lymphedema Therapist. Cancer Rehabilitation, Graston Technique **Specialty:** Lymphedema, Cancer Rehabilitation, Orthopedics, Women's Health, Pelvic Health **Special Information:** Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



PHYSICAL THERAPY

Michelle Morris, PT, DPT

KEARNEY PHYSICAL THERAPY

3219 Central Avenue, Suite 105
Kearney, NE 68847
308-865-7182 • Fax: 308-865-2881
www.kearneytherapy.com

Education/Medical School: Creighton University **Certification:** Cancer Rehabilitation, Graston Technique **Specialty:** Orthotics, Sports Medicine, Custom Orthotic Fitting, Total Joint Rehabilitation, Cancer Rehabilitation **Special Information:** Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



PHYSICAL THERAPY

Brittanie Klingelhofer, PT, DPT

Physical Therapist

ALPHA REHABILITATION & PHYSICAL THERAPY

920 East 56th Street, Suite A • Kearney, NE 68847
308-233-5060 • Fax: 308-233-5062
www.alpharehab.com

Specialty: Treating adults with orthopedic & post-surgical conditions, balance & mobility impairments, neck & back pain, neuromuscular disorders. Treating pediatrics with gross motor delays, impaired coordination, & neurologic conditions. Functional Capacity Evaluations.

Education: Doctorate in Physical Therapy from Creighton University



PHYSICAL THERAPY

Emilie Reisen, PT, DPT

CHILDREN'S REHAB CENTER

2707 2nd Avenue, Suite B
Kearney, NE 68847
308-234-1278 • Fax: 308-234-1279
www.childrensrehabcenter.com

Education/Medical School: Wayne State College, University of Nebraska Medical Center **Specialty:** Pediatrics, Neurological Impairments **Special Information:** Same day appointments available. Medicare, Medicaid and private health insurance accepted.



PHYSICAL THERAPY

Matt Lewis, PT

NEW WEST ORTHOPAEDIC & SPORTS REHABILITATION, LLC

2810 W. 35th Street, Lower Level
Kearney, NE 68847
308-237-7388 • www.newwestrehab.net

Education: Masters of Physical Therapy, University of Nebraska Medical Center, 1995. Bachelor of Science, Exercise Science, University of Nebraska-Lincoln, 1992. **Specialties:** Orthopedic and Sports Rehabilitation; Spine, Shoulder, Extremity Rehabilitation; Mobility and Balance Training; Pediatrics; Functional Movement – FMS and TPI certified; Certified Functional Dry Needling Practitioner; Aquatic Rehabilitation.



PHYSICAL THERAPY

Patty Reisinger, PT

KEARNEY PHYSICAL THERAPY

3219 Central Avenue, Suite 105
Kearney, NE 68847
308-865-7182 • Fax: 308-865-2881
www.kearneytherapy.com

Education/Medical School: University of Nebraska Medical Center **Certification:** Cancer Rehabilitation; LSVT-BIG **Specialty:** Aquatic Therapy, Myofascial Release, Cancer Rehabilitation, LSVT for Parkinson's Disease **Special Information:** Same day appointments available at all locations. Medicare, Medicaid, private health insurance and workers compensation accepted.



PHYSICAL THERAPY

Tiara Rouse, PT, DPT, GCS

Physical Therapist

TEAM PHYSICAL THERAPY

3811 Central Avenue, Suite F
Kearney, NE 68847
308-237-0591 • Fax: 308-237-4251
www.myteampmt.com
trouse@myteampmt.com

Specialty: Manual Therapy, Vestibular Rehabilitation, Aquatic Therapy, Geriatrics, Temporomandibular Dysfunction (Jaw Pain) **Education/Medical School:** Doctorate of Physical Therapy: University of Nebraska Medical Center **Special Information:** Other Locations: Broken Bow, Burwell, Callaway and Gothenburg, Medicare, Medicaid, Private Insurance and Worker's Comp accepted. Walk-ins welcome 5 days a week on all therapists.



PSYCHOLOGY

Michael C. Renner, Ph.D.

Psychology

FAMILY PRACTICE ASSOCIATES PC

620 E. 25th Street Kearney, NE 68847
308-865-2767 • 308-865-2765 FAX
www.kearneyfpa.com

Education/Medical School: University of Missouri, Columbia; Internship: Counseling Service, University of Missouri;
Certification: Certificate of Professional Qualification in Psychology.



PHYSICAL THERAPY

William Weed, PT

NEW WEST ORTHOPAEDIC & SPORTS REHABILITATION, LLC

2810 W. 35th Street, Lower Level
Kearney, NE 68847
308-237-7388 • www.newwestrehab.net

Education: Masters of Physical Therapy from Mayo Clinic, Rochester, MN in 1991. Bachelor of Science from Nebraska Wesleyan University in 1989. Graduate of Lincoln East High School in 1985. **Specialties:** Orthopedics and sports injuries with an emphasis in shoulder rehabilitation. Has worked with US Rowing Team, US Track and Field, and multiple college and professional athletes. Aquatic Rehabilitation.



PULMONARY & CRITICAL CARE

Ellen P. Barnes, PA-C

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education: Master of Physician Assistant Studies - Union College, Lincoln, NE, 2015, Bachelor of Arts in Biology - Union College, Lincoln, NE, 2012
Certification: NCCPA - Certified Physician Assistant



PLASTIC & RECONSTRUCTIVE SURGERY

Joel R. Atchison, M.D.

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Fellowship: Plastic Surgery, University of Tennessee, Chattanooga, TN, 1996-98. Residency and Internship: General Surgery, University of Oklahoma Health Sciences Center, Tulsa, OK, 1992-96; Medical Degree: University of Nebraska College of Medicine, Omaha, 1992 Undergraduate: University of Nebraska, Lincoln. **Certification:** Board Certified in Plastic Surgery—The American Board of Plastic Surgery.



PULMONARY & CRITICAL CARE

David E. Cantral, MD

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Fellowship: Pulmonary and Critical Care, University of Nebraska Medical Center, Omaha, 1991-94. Internship: Internal Medicine, University of Nebraska Medical Center, Omaha, 1987-88. Residency: Internal Medicine, University of Nebraska Medical Center, Omaha, 1988-91. Medical Degree: University of Nebraska College of Medicine, Omaha, 1987. Undergraduate: Creighton University, Omaha
Certification: Pulmonary Disease; and Sleep Medicine



PODIATRY

Scot W. Bandel, DPM

Board Certified

PLATTE VALLEY MEDICAL CLINIC

816 22nd Avenue • Kearney, NE
308-865-2263 • 308-865-2541 fax
www.plattevalleymed.com

Education/Medical School: Residency: Hennepin County Medical Center, Minneapolis, MN, 2003-2006. Medical Degree: Des Moines University, Des Moines, IA, 2003. Undergraduate: Chadron State College, Chadron, NE, 1999.
Certification: American Board of Foot and Ankle Surgery - Foot Surgery



PULMONOLOGY/CRITICAL CARE

Meenakshi Ghosh, M.D.

Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370 www.CHIhealth.com

Education/Medical School: Medical School: Calcutta Medical College Internship: Calcutta Medical College & Hospital; Residency: Interfaith Medical Center, Brooklyn, NY; Fellowship: Southern Illinois University School of Medicine & Icahn School of Medicine at Mount Sinai Hospital, New York, NY.
Certification: ECFMG Certification, ACLA & BLS Certification, Board Certification West Bengal Medical Council (India), ABIM Certification in Internal Medicine (2013), ABIM Certification in Pulmonary Medicine (2016).



PODIATRY

Patrick Moore, DPM

MOORE FOOT & ANKLE CLINIC

3811 29th Avenue, Suite 3
Kearney, NE 68845
308-237-2621 • 877-321-3338 (Feet)
308-237-2023 fax • www.moorefootankle.com

Education/Medical School: Residency: Podiatric Surgical, Monsignor Clement Kern Hospital for Special Surgery, Warren, MI, 1996-98 Podiatry Degree: Dr. William M. Scholl College of Podiatric Medicine, Chicago, IL, 1996 Undergraduate: University of Nebraska, Kearney



PULMONOLOGY/CRITICAL CARE

Melissa Hoferer, APRN

Board Certified

CHI HEALTH CLINIC GOOD SAMARITAN

3219 Central Avenue, Suite 200
Kearney, NE 68847
308-865-2370
www.CHIhealth.com

Education/Medical School: Master of Science Degree, specializing in acute care from the University of Nebraska Medical Center Omaha Division; Bachelor of Science in Nursing from University of Nebraska Medical Center Omaha Division



QUICK CARE

Brittany Augustyn, APRN

QUICK CARE AT HY-VEE

5212 3rd Avenue
Kearney, NE 68845
888-333-7520
www.CHIhealth.com

Education/Medical School: Creighton University, Hastings, NE, Advanced Practice Registered Nurse; Creighton University, Hastings, NE, Bachelor of Science in Nursing

Certification: Board Certified Family Nurse Practitioner, Registered Nurse



QUICK CARE

Julie A. Brauer, APRN

QUICK CARE AT HY-VEE

5212 3rd Avenue
Kearney, NE 68845
888-333-7520
www.CHIhealth.com

Education/Medical School: University of Nebraska Medical Center at Kearney, Kearney, NE; **Certification:** Nurse Practitioner - Family, American Nurses Credentialing Center



RADIATION ONCOLOGY

Lois Daue, APRN
Board Certified

CHI HEALTH REGIONAL CANCER CENTER

10 E 31st Street
Kearney, NE 68847
308-865-7985
www.CHIhealth.com

Education/Medical School: Master of Science and Bachelor of Science in Nursing from the University of Nebraska Medical Center.



RADIATION ONCOLOGY

Fishel Liberman, M.D.

Board Certified

CHI HEALTH GOOD SAMARITAN CANCER CENTER

10 E 31st Street
Kearney, NE 68847
308-865-7985
www.CHIhealth.com

Education/Medical School: Medical Degree: University of Connecticut, School of Medicine; Internal. Medicine Internship: Sinai Hospital Center; Radiation Oncology. Residency: Johns Hopkins Hospital, Baltimore, MD.

Special Information: Dr. Liberman has a Ph.D. in Physics from Brown University, Providence, Rhode Island.



RADIOLOGY

Sara Fill, PA-C
Radiology

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- Choosing Home Or In Community Elder Service (CHOICES)
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www.Bethany-Home.org
Email: bhiadm@hotmail.com

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1923 4th Avenue • Holdrege, NE 68949
308-995-4493 • Fax: 308-995-2213
website: www.chrisoma.com
email: administrator@chrisoma.com

Specialty: Offers a compass of services starting with Retirement living apartments at Chrisoma Villa and Independent Living and Assisted Living at Chrisoma West and Skilled Nursing services at Christian Homes.

Special Information: All of our services are on the same beautiful campus on the edge of town.

Cimarron Court

A Retirement Housing Foundation Community

Special Information: Independent living for age 62 and older, or 18 and older with a physical disability. Income based-rent with HUD assistance program. Utilities included. Updated one bedroom and efficiency units with interior entrance in a secured access building. Community room, craft room, and snack area. On-site laundry facility. Elevator service. Pet allowed.



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Email: cimarroncourt@rhf.org

SENIOR LIVING

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2201 E. 32nd St.
Kearney, NE 68847 • 308-237-3108
www.good-sam.com search "St. Luke's"

Specialty: Rehabilitation/Skilled Care, Subacute, Hospice, occupational, speech & physical therapies, pulmonary care, post cardiac & stroke recovery, orthopedic rehab, wound care, pain management.

Special Information: Nutrition counseling from a registered dietician, in-room dining, care planning, non-denominational devotions, restaurant style dining room, large gathering areas, cable, wi-fi, mailing services, private & semi private rooms, continuum of care to meet additional care needs, monthly musical entertainment, events & innovative activities, cozy location.



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SENIOR LIVING

GOOD SAMARITAN SOCIETY – PRAIRIE VIEW GARDENS

1705 Prairie View Place
Kearney, NE 68845 • 308-865-2650
www.good-sam.com search "Prairie View Gardens"

Specialty: Assisted living, memory care unit, adult daycare, dementia support group, respite care.

Special Information: Private apartments, amenities, cable, wi-fi, in-room dining, care planning, non-denominational devotions, large gathering areas, soda shop, events & innovative activities, music & memory program, monthly musical entertainment, therapy, outdoor spaces, beautiful location



SENIOR LIVING

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2020 West 11th Street
Yanney Heritage Park
Kearney, NE 68845
308-233-3278
www.cityofkearney.org

Special Information: The Peterson Senior Activity Center mission is to support the independence and well being of adults 50 and older, enhance their dignity and self respect, and promote their participation in all aspects of community life through creative programming and providing opportunities and resources in the areas of physical and mental well being, nutrition, recreation, and education.



SENIOR LIVING

GOOD SAMARITAN SOCIETY – ST. JOHN'S

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Kearney, NE 68847 • 308-234-1888
www.good-sam.com search "St. John's"

Specialty: Rehabilitation/Skilled Care, Subacute, Hospice, occupational, speech & physical therapies, V/A, pulmonary care, post-cardiac & stroke recovery, orthopedic rehab, wound care, pain management.

Special Information: Nutrition counseling from a registered dietician, in-room dining, care planning, non-denominational devotions, restaurant-style dining room, large gathering areas, cable, wi-fi, mailing services, private & semi-private rooms, continuum of care to meet additional care needs, monthly musical entertainment, events & innovative activities, central location.



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email: administrator@chrisoma.com

Specialty: Offers a compass of services starting with Retirement living apartments at Chrisoma Villa and Independent Living and Assisted Living at Chrisoma West and Skilled Nursing services at Christian Homes.

Special Information: All of our services are on the same beautiful campus on the edge of town.



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Liz Weber, SLP

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www.childrensrehabcenter.com

Education/Medical School: University of Nebraska at Kearney **Certification:** Vital Stim Therapy, Beckman Oral Motor, PROMPT **Specialty:** Pediatrics, Autism Spectrum Disorders, Cerebral Palsy, Down Syndrome, Swallowing and Feeding Disorders, Alternative Augmentative Communication, Social Skills, Voice disorders **Special Information:** Same day appointments available at all locations. Medicaid and private health insurance accepted.



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SPEECH THERAPY

Autumn Dugan, SLP

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www.kearneytherapy.com

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Jessica Thoene, M.S. Ed., CCC-SLP Speech Language Pathologist

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Special Information: Board Certified in General Surgery, Board Certified in Vascular Surgery



WOUND CARE

Melissa Studnicka, APRN
 Board Certified
CHI HEALTH CLINIC
GOOD SAMARITAN
 10 East 31st Street
 Kearney, NE 68847
 308-865-7048
 www.CHIhealth.com

Education/Medical School: Master of Science in Nursing, AGPCNP,
 University of Nebraska Medical Center Omaha, NE
Certification: Certified Wound Care Nurse (CWCN)



WOMEN'S HEALTH/FAMILY MEDICINE

Andrea Rabe, APRN, WHNP
CHI HEALTH CLINIC KEARNEY
 211 W. 33rd Street
 Kearney, NE 68845
 308-865-2141
 www.CHIhealth.com

Education/Medical School: University of Nebraska Medical Center,
 Kearney, NE
Certification: Nurse Practitioner-Women's Health, National
 Certification Corporation

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National Poison Control

Emergency and Information **1-800-222-1222**

National Response Center (NCR)

Terrorists Threats, Toxic Chemicals
and Oil Spills **1-800-424-8802**

Safe School Hotline **1-866-286-7233**

Kearney Crimestoppers **308-237-3424**

Nebraska 5-1-1

Travelers Information System **511**

Victim Hotline **211**

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Name _____

Phone Number _____

Name _____

Phone Number _____

Name _____

Phone Number _____

Name _____

Phone Number _____

Name _____

Phone Number _____

Address _____

City _____

State/Zip _____

Notes _____

Name _____

Phone Number _____

Address _____

City _____

State/Zip _____

Notes _____



The importance of knowing **YOUR FAMILY MEDICAL HISTORY**

By Metro Creative Connection

When visiting a physician for the first time, patients may notice an extensive section on family history on one of the requisite forms they fill out before meeting the doctor. Though it can be hard to remember family members' conditions, doctors have good reason to ask about their patients' family's medical histories.

Family medical histories can be vital to one's own health care. The National Center for Biotechnology Information states that family history might be one of the strongest influences on a person's risk for developing cancer, heart disease, stroke, diabetes, and more. While you cannot modify your genetic makeup, knowing your family's medical history can help you take the steps necessary to protect yourself.

Family history reports can serve as warning signs for illnesses. These clues can help doctors prescribe certain screening tests at earlier ages to catch potential diseases when they are most treatable. For example, the U.S. National Library of Medicine says that healthcare professionals may recommend more frequent screenings (such as mammography or colonoscopy) and screening at an earlier age for people at an increased risk of certain cancers. Doctors may recommend biannual checkups to stay apprised of any changes in health that may signal a risk.

A thorough health care professional will record your family medical history and ask you to update it routinely in an effort to ensure you get the best, most effective care possible. You can help the process by having the information needed at the ready. The Centers for Disease Control and Prevention suggests the following.

- **Talk to family.** Make a list of close family members and discuss any conditions or issues they might have had and at what ages.
 - **Learn about chronic diseases.** Speak to your relatives about chronic diseases like diabetes or high blood pressure, being sure to ask how severe such issues were and if any required hospitalization.
 - **Plot your ancestry.** Learn about your ancestry and if any medical issues are more common among people who share that ancestry.
 - **Record everything you learn.** Keep the information where it can be easily accessed and updated. For example, My Family Health Portrait is a free web-based tool to organize family health information and share it with doctors.
- Family history plays a key role in how doctors will approach patients' treatment and preventive care.





William Weed, PT



Terry Nitsch, PTA, ATC



Matt Lewis, PT



Kimberly Oliphant, PT



Kristi Svec, PT



Jennifer McBride, PT



Stephanie Sander, PTA



Brian Malicky, DPT



Brandon Deeds, DPT



Matthew Shipp, DPT



Jordan Poffhoff, DPT



Elizabeth Muller, PTA, ATC



Janine Walker, OTR/L



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Learn more about the **EFFECTS OF PANDEMICS**

By Metro Creative Connection

Much of the globe was introduced to an assortment of new terms throughout 2020. Phrases like “social distancing” or “flatten the curve” were commonly used, but these were all preceded by the utterance of the word “pandemic.”

What is a pandemic?

The World Health Organization defines a pandemic as a “worldwide spread of a new disease.” The word pandemic comes from the Greek words “pan” (meaning “all”) and “demos” (“people”). When a new disease emerges, most people lack the natural immunity to fight off illness, so the disease can spread rapidly between communities - and eventually around the world.

A pandemic differs from an epidemic in that an epidemic is the spread of disease in a community or region over a specific amount of time. Epidemics often grow into pandemics.

Facts and figures about pandemics

According to HealthCareers.com, the most lethal pandemics in history were the Spanish flu of 1918 and the Black Death. The Spanish flu lasted two years and claimed

50 million lives, according to the United States National Archives. In the 14th century, a bubonic plague pandemic referred to as “The Black Death” caused the deaths of between 75 and 200 million people over a period of five years. In comparison, as of October 2020, more than 1.1 million people have died of the COVID-19 disease worldwide, according to NBC News and Johns Hopkins University Coronavirus Resource Center. Prior to COVID-19, the most recent pandemics occurred with the outbreak of the Hong Kong flu in 1968-69, the H1N1 Swine flu of 2009-2010, and the Ebola outbreak of 2014-2016. The WHO says that most viral pandemics have been caused by influenza viruses.

Addressing pandemics

The National Center for Biotechnology Information indicates that globalization increases the probability of a pandemic. Urbanization, travel, trade, and human-animal interaction all lead to elevated pandemic risk. However, thanks to the science of epidemiology and the development of new medicines and therapies, professionals have helped to reduce death rates due to pandemics.



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Our Mission: *The mission of The Evangelical Lutheran Good Samaritan Society is "Dedicated to sharing God's love through the work of health, healing and comfort."*

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www.kchs.org • 308.832.3400



Pictured Left to Right: Cynthia M. Lewis, MD; Katelyn Baumgart, PA-C;
 Nicole Buettner, PA-C; Allison Casper, PA-C; and Nicholas J. Hartl, MD.

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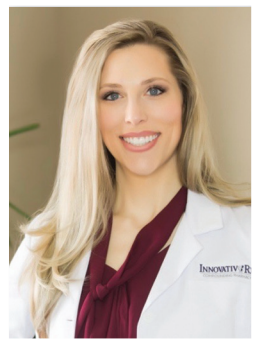
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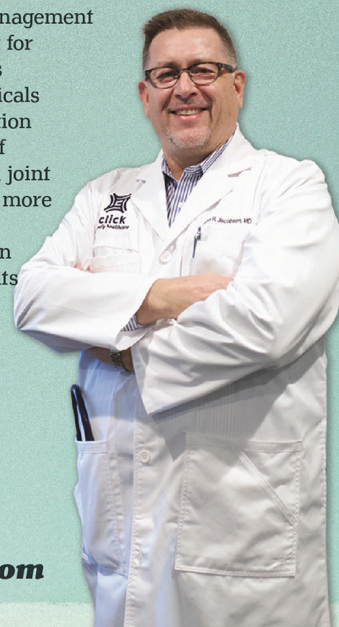
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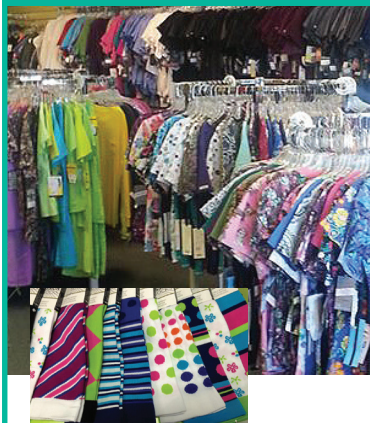
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EYE EXAM

recommendation schedules

By Metro
Creative
Connection

Routine eye exams should be a vital component of everyone's healthcare routine. Such examinations can help people learn if they need prescription eyeglasses and if their existing prescriptions need to be updated, and they also can uncover other serious health issues.

According to the American Academy of Ophthalmology®, a comprehensive eye exam can uncover such problems as aneurysms, brain tumors, diabetes, high blood pressure, and assorted cancers, including those of the blood, tissue or skin. That means routine eye exams can be as effective at safeguarding your overall health as they can at protecting your vision.

The recommended frequency with which people should receive eye exams is based largely on age, though no one should hesitate to schedule an exam if their eyes are bothering them or if they are experiencing any abnormalities with their eyes. In addition, some people may need more frequent eye exams depending on their medical histories, which should be discussed at length with a physician.

Children and adults without preexisting conditions and those not experiencing any abnormal vision problems can adhere to this eye examination schedule, courtesy of the American Optometric Association.

- **Birth to two years:** Children in this age group should receive eye exams between six to 12 months of age.

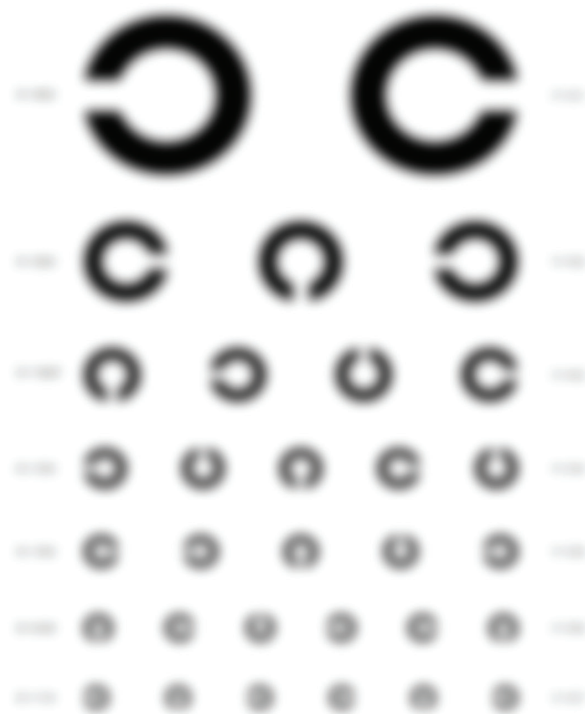
- **Age three to five:** Children in this age group should receive at least one eye exam between their third and fifth birthdays.

- **Age six to 17 years:** Children in this age group should receive one eye exam prior to beginning first grade and then an annual exam thereafter.

- **Age 18 to 64:** Adults between the ages of 18 and 64 should receive an eye exam at least once every two years.

- **Age 65 and older:** Annual eye exams are recommended for men and women age 65 and older.

Eye examinations help people preserve and improve their vision while also promoting long-term overall health. These vital components of healthy lifestyles should not be overlooked.



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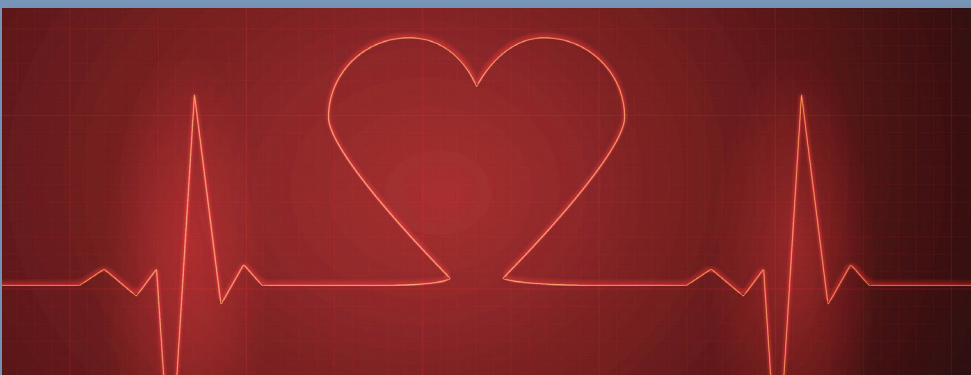
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Choices for **LONG-TERM CARE**

By Metro Creative Connection

Being able to care for oneself independently can be a source of pride. However, illness or age can affect people in ways that require them to seek assistance with medical needs or daily activities for an extended period of time. In such instances, long-term care services can fill a need.

Long-term care assists people in their homes, in the community or in various types of facilities with various daily and medical requirements. According to WebMD, research shows that many people are unaware of long-term care options or may be misinformed about what's out there.

Home care

Various services can be utilized in the comfort of home. According to the Knoxville-Knox County Community Action Committee Office on Aging, services can include home-delivered meals, pest control, minor home modifications, or visiting nurses and health aides. Other benefits may include shopping or physical therapy.

Community care

Community services can include adult day care centers, meal programs, senior centers, community transportation, and others. Community services enable people to continue to live in the community with some support. They also may help family or friends serving as caregivers enjoy a break from the assistance they have been providing.

Care facilities

Long-term care may be mistaken as strictly nursing homes, but facilities extend to places that provide other services. Here's a look at the care facilities.

- **Independent senior living:** Independent living facilities may provide assistance only when needed. Amenities are designed to make things easier and more convenient for residents. Fitness centers, pools, dining venues, and transportation may be included. These facilities tend to provide the most independent form of senior living. Some independent living facilities are part of larger continuing care retirement communities that have staged care that goes from independent to skilled nursing.

- **Assisted living:** These homes provide 24-hour supervision, meals, healthcare services, and other forms of assistance in a home-like setting. Types of services include laundry, housekeeping, medication dispersal, and dressing.

- **Skilled nursing homes:** Nursing homes provide care for those who cannot care for themselves at home or in the community. These facilities offer many services all under one roof, like rehabilitative services, meals, activities, and around-the-clock care. Some skilled nursing homes offer temporary care after an injury or illness and are used in lieu of an extended hospital stay.

It is never too early to begin planning for elder care that may include long-term care possibilities. Individuals are urged to work with an elder care lawyer to help navigate the complexities of planning for medical care and their potential financial needs.

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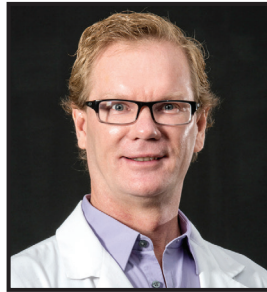
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Well Visits are an important part of **CHILD HEALTHCARE**

By Metro Creative
Connection

Expecting parents will soon discover that having a child sparks many changes in their lives. As infancy rolls into toddlerhood and beyond, there is usually one constant in the busy lives of new families: the pediatrician. Children visit their pediatricians at regular intervals, and these doctors are invaluable sources of support and care.

Pediatricians provide well-child services throughout youngsters' childhoods. Health checkups start from the day the baby is born and continue until a child reaches adulthood. JAMA Pediatrics says there are many benefits of well-child visits. One of the key aspects of these checkups is tracking a child's growth and development, including physical, cognitive, emotional, and social progress.

Another component of well-child visits is to prevent injury and illness. When parents come in for these visits, the staff will likely go over the appropriate safety protocol for that child's age and milestone. This may include car seat safety checks, preventing falls, choking hazards, and safety when entering school.

Bright Futures/American Academy of Pediatrics developed a set of comprehensive health guidelines for well-child care, and many pediatricians follow these schedule and screening guidelines. Visits often start at one-month intervals, and then increase by two- and three- month durations until the child is two years old. After 2.5 years of age, annual visits become the norm. The reason that earlier visits occur so often is because early childhood is a period of rapid development. In addition, various vaccinations are recommended to protect children from communicable diseases. These immunizations must be administered according to schedule to be most effective.

Well-child visits are also opportunities for screening tests and physical examinations. Exams typically involve checking blood pressure, vision, hearing, and general blood tests and urinalysis. Many parents use checkups as an opportunity to ask questions about development and ensure that children are safe to participate in school sports and extracurricular activities as well. Parents can come equipped with questions to ask the doctor during well-child appointments to make the most of their visits.

The AAP says well-child visits should begin from three to five days old. Therefore, expecting parents should find a pediatrician for their child as soon as possible to ensure that well-child visits can begin immediately after the child is born.



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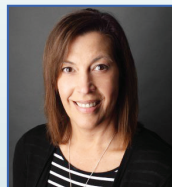
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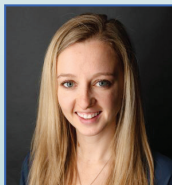
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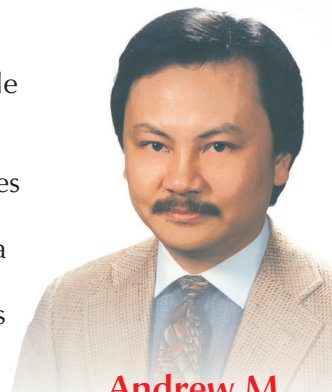
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